

NOVEMBER 2023

Unique Christmas Gift

Although it's hard to believe, Christmas will soon be breathing down our necks. In fact, many people have already begun holiday shopping.

All that given, here's an unusual gift you can give to one of the clients of Twin Cities Meals on Wheels.

You may have already honored a parent, sibling or friend on a special day by scheduling a dessert of your choice on that day. Clients receive the yummy dessert along with a note saying who it honors.

The **Adopt-A-Day** project presents you with a unique way to not only honor someone, but help Twin Cities Meals on Wheels at the same time.

Many have already generously shared the joy of a special day with clients. The cost for the "adoption" is \$99.

In return for the "adoption," the host receives:

- * Recognition in the monthly Adopt-A-Day on our Website
- * Thank you on our Facebook page and in our Newsletters
- * Knowledge that clients receive a special treat that brightens their day, thanks to you.

To sign up or for information, email Carol Butch at c.butchette@gmail.com

Have Some Extra Time? Call TCMOW at 716-693-1663



Do you have 2 or 3 morning hours a week to spare? Would you like a chance to meet new friends? Volunteering is a great way to make a huge impact in a short amount of

time. Whether in the kitchen or delivering meals, you help bring nutritious food and a friendly visit to 8 to 10 seniors and people with disabilities in the Twin Cities.

If you know a friend, relative or neighbor, perhaps someone recently retired and looking for something to do, encourage them to call **Pam Hill at 716-693-1663** and become a volunteer.



AND THE WINNERS ARE: Winners of the "board" drawings were: the large cutting board and trivet Gary Rockenbrock; Charcuterie board, Keith Checkowski and coasters, Jim Beatty.

Guess Who?

Boy what a difference clothes can make!

Do any of you recognize Courtney Ceckowski who delivers with her dad Keith on Thursdays?

She is dressed as Wednesday Adams from the Adams Family,

What a transformation, but I must say I like her better as a blonde.

We all hope she did well Trick or Treating on Halloween.

Who could resist!



Pam's Corner

Recently I met one of our clients while out on a route.

Mr. Gosch wanted to know if I had "a few minutes" to sit and talk and I agreed to do that.

Well, it turns out he is about to turn 100 years old! I never would have thought he was quite that old and wow the things he remembers from his life.

So this week I had conversations with several volunteers about their memories of childhood many of which were amazing.

One told me of living here in NT in a house that had no plumbing or electric. They used to go down to the canal to take baths in the summer. This generation has gone through so much, so many changes, kids now have no idea what it is to be without their technology or nice lifestyles.

Even me, I remember when we got our first TV with limited programing (nothing after 10 or 11 o'clock!) AND black and white of course!

At my first job we did keypunch cards that were sent out to be put in a huge computer. Now we have cell phones that are mini computers. Led lights and electric cars, even things as simple as a flashlight, were unheard of a generation ago.

We truly are the greatest generation, we have seen and addressed changes and done so much. Just look back on all you have seen and done and congratulate yourself this month when you are celebrating Thanksgiving on what a wonderful life it has been, all you got to see and experience.

Have a Happy Thanksgiving!

— Pam

How To Order Meals on Wheels

If you know someone who would like to order Meals on Wheels either for themselves or a friend or loved one, the process is easy.

Call the TCMOW office, 716-693-1663 and Pam will sign you up, provide the cost and the various programs offered or mail you the information.



Celebrate Native American Heritage Month at the Carnegie Art Center

The Carnegie Art Center will present Seneca and Tuscarora Artists on Nov. 11, 18 and 29 at the Center, 240 Goundry St., North Tonawanda.

Nov. 11: at 1 p.m., CULTURAL STORYTELLING: "Re-Thinking Thanksgiving" with Perry Ground.

Nov. 18 at 1 p.m., SMOKE DANCE DEMONSTRATION with Q&A with Jordan Smith & Co.

Nov. 29, 6-8 p.m. CLOSING RECEPTION & ARTIST TALK featuring artists in the group show.

Visual artists in the show will include Seneca artists Hayden Haynes, Sam Jacobs, Mary Jacobs and Olivia Maybee in addition to Tuscarora artists Robert DALimonte, Erwin Printup and Kehala Smith.

Pam Hill, Coordinator

Board of Directors

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Phone: 716-693-1663 Fax: 716-693-1663 Email: info@tcnow.com Website: www.tcmow.com



NOVEMBER

Around Town

NOV. 4: Bishop Gibbons Craft Show, 9 a.m. to 2 p.m. at Bishop Gibbons, 1110 Payne Ave., North Tonawanda.

• **NOV. 5:** American Legion Band Veterans Day Concert, 7:30 p.m. at Cardinal O'Hara High School. Tickets are \$13 advance and \$15 at the door, available at the City of Tonawanda Senior Center office.

• **NOV. 9:** 9:30 to 11 a.m., Veterans Day Breakfast. Veterans, spouses and surviving spouses, free. All others \$5. Must sign up by Nov. 3 at the Tonawanda Senior Center.

• **NOV. 10:** North Tonawanda Public Library, 505 Meadow Drive, will host a Friends Book Sale from 9 a.m. to 4:30 p.m.



• **NOV. 11: Veterans Day.** A salute and thank you to all veterans. Help out the Vietnam

Veterans Chapter 77 on Main Street in Tonawanda by dropping off items for the food pantry as well as shampoo, toothbrushes, toothpaste, etc. It's a great place just to stop in and check out the wonderful displays.

• **NOV. 14/16:** Defensive Driving class, from 1 to 4 p.m. Nov. 14 and 16. Must attend both sessions at the North Tonawanda Public Library. Cost is \$25. Register at the library.

• **NOV. 14:** "Explore Collage with Jacob Kedzierski" at the Carnegie Art Center, 240 Goundry St., NT., 6 to 9 p.m. \$12 member; \$15 non-members. Pre-registration encouraged. Walk-ins welcome.

• **NOV. 25:** 10 a.m. to 3 p.m. Santa on the Carrousel, with Santa photos, reindeer games and storytime at the Herschell Carrousel Museum, 180 Thompson St., NT. A timed event, tickets must be purchased in advance on the museum website: www.carrouselmuseum.org.

• **NOV. 29:** Blood Drive, noon to 5 p.m. at Gratwick Fire Hose, 110 Ward Rd., North Tonawanda. For an appointment visit call 1-800-RED CROSS. Appointments Preferred, ID required.



Alan Mazzuchelli	18
Linda Finiki	16
Pearl Szukala	16
Linda Gielow	9
Dave Schultz	5
Patricia Barone	3

Congratulations for your continuing and amazing energy as well as your devotion to helping others! It's volunteers like you who make TCMOW.



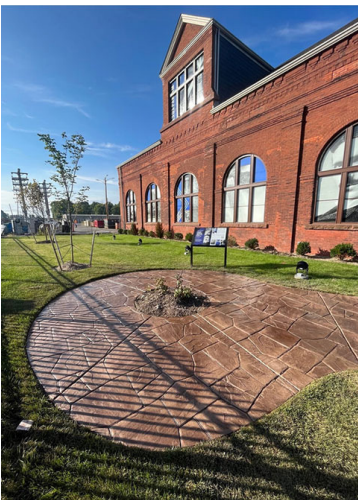
Carol Butch	Nov. 3
Jim Davignon	Nov. 5
Connie Rabideau	Nov. 14
Mike Josko	Nov. 19
Pat Slater	Nov. 25
Eileen Britton	Nov. 27

Each month the names and birthday date are listed for volunteers and staff who are celebrating their birthdays during the month.

Happy Birthday to All.



A Bit of North Tonawanda History



Most likely, few will remember the heyday of the Niagara Falls Power Transfer Station at 435 Robinson at Division streets.

Around 1889, what would become the Tonawanda Power Company supplied electricity to NT from a small steam unit on Tonawanda Island, fed by wood shavings from the Doebler Planing Mill whose office was at the northeast corner of Main and Goundry in an old frame building. In late 1896, The Niagara Falls Power Company built a long-distance power line from Niagara

Falls to Buffalo, with a substation located at North Tonawanda. Tonawanda Power soon after began distributing power under the Tonawanda Power Company name.

In 1920, a horrific explosion killed 13 men early Halloween morning. The fire chief alleged the work was rushed.

In 1925 the plant become "associated with" Buffalo General Electric, Niagara Falls Power Co. and others. In 1929, a new headquarters was built on Sweeney and Webster, today Buffalo Suzuki Strings.

The plant was used the following year to transfer electricity for the first time in world history. In the building's earliest days, Nikola Tesla and George Westinghouse worked there together.

National Grid has replaced a lot of brick on the building that had broken off and cracked, replaced the roof slight tiles. While looking at doing the physical work on the building National Grid wanted to honor the history of this building.

Buffalo Niagara Nikola Tesla Council founder Marty McGee says "what they've done to beautify it is just perfect and we're just so happy."

In recognition of this site's historic significance, National Grid has constructed a new public access pocket park that allows access for better viewing of the window artwork and informational plaque detailing the significant contributions Westinghouse & Tesla made in the earliest development of electric transmission in this area.

The North Tonawanda Service Center is an historic landmark and North Tonawanda is proud to be a part of showcasing the legacy of Nikola Tesla!

Last minute News additions

• **Nov. 11:** Meat Raffle to benefit Chamber of Commerce of the Tonawandas at Madonna Council Knights of Columbus, 755 Erie Ave., NT. Tickets \$15. For information or tickets, call 716-692-5120. Get your tickets early, this will be a huge event!

DECEMBER

Because this event is Dec. 1 and December's newsletter may not be in your hands until that date, please note it on your calendar.

Dec. 1 - "It's a Wonderful Night," a City of Tonawanda holiday celebration from 5 to 9 p.m. on Main Street. A light pole decorating contest and a community caroling walk to Clinton Park will get you in the mood for Christmas.

The annual tree lighting celebration will be at 7 p.m. Kids can visit Santa and ride the Clinton Park Express.

Fun for All!

Braggin' Bucks

It seems strange that TCMOW has more than 100 super involved volunteers whose lives are full of fun, kids and grandkids to say nothing of other activities.

And yet, no one has a snippet of news about family, trips, meat raffle or Casino wins!

Surely, there are birthdays, vacations, new grandchildren or their stories and activities, your dog's newly learned trick, or you need prayers for yourself or someone you know!

Don't forget to send information on activities in town or at your church or another organization. We're happy to post any event.

Any news tips that you'd like to share, may be emailed to Barbara Tucker, wgtbt@aol.com or drop the news off to Pam at the TCMOW office. (Photos are welcome.)

Waiting to hear from YOU!

Share a Laugh



An atheist was seated next to a dusty old cowboy on an airplane and he turned to him and said, "Do you want to talk? Flights go quicker if you strike up a conversation with your fellow passenger."

The old cowboy, who had just started to read his book, replied to the total stranger, "What would you want to talk about?"

"Oh, I don't know," said the atheist. "How about why there is no God, or no Heaven or Hell, or no life after death?" as he smiled smugly.

"Okay," he said. "Those could be interesting topics but let me ask you a question first. A horse, a cow, and a deer all eat the same stuff – grass. Yet a deer excretes little pellets, while a cow turns out a flat patty, but a horse produces clumps. Why do you suppose that is?"

The atheist, visibly surprised by the old cowboy's intelligence, thinks about it and says, "Hmmm, I have no idea."

To which the cowboy replies, "Do you really feel qualified to discuss God, Heaven, and Hell, or life after death when you don't know crap?"



A young boy had just received his driver's permit and asked his father if they could discuss his use of the car. His father said he would make a deal with his son.

"You bring your grades up from a C to a B average, study your Bible a little, get your hair cut and we'll talk about the car."

The boy thought about that for a moment, decided he'd settle for the offer and they agreed on it. After about six weeks his father said, "Son, I've been real proud. You brought your grades up and I've observed that you have been studying your Bible, but I'm real disappointed you didn't get your hair cut."

The young man paused a moment then said, "You know, Dad, I've been thinking about that and I've noticed in my studies of the Bible that Samson had long hair, John the Baptist had long hair, Moses had long hair. And there's even a strong argument that Jesus had long hair."

To this his father replied, "Did you also notice that they all walked everywhere they went?"

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover. The little boy watched in amazement and then asked, "What's the matter, haven't you ever seen a little boy before?"

THAT'S NOT MY JOB!

This is a story about four people named: Everybody, Somebody, Anybody, and Nobody. There was an important job to be done and Everybody was sure that Somebody would do it. Anybody could have done it, but Nobody did it. Somebody got angry about that, because it was Everybody's job. Everybody thought Anybody could do it, but Nobody realized that Everybody wouldn't do it. It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.



Texas Talk

The Sheriff pulled up next to the guy unloading garbage out of his pick-up into the ditch. The Sheriff asked, "Why are you dumping garbage in the ditch? Don't you see that sign right over your head?" "Yep," he replied. "That's why I'm dumpin' it here, 'cause it says: 'Fine For Dumping Garbage.'"



Christmas - What other time of the year do you sit in front of a dead tree and eat candy out of your socks?



Kids Are Quick

TEACHER: "Maria, go to the map and find North America."
MARIA: "Here it is."
TEACHER: "Correct. Now class, who discovered America?"
CLASS: "Maria."



Is it good if a vacuum really sucks?
Why is the third hand on the watch called the second hand?
If a word is misspelled in the dictionary, how would we ever know?

YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift.

Name _____
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City, State, Zip _____
Phone () _____
E-mail _____
Amount enclosed _____

*Return this slip and your check made out to Twin Cities Meals on Wheels to:
TCMOW, 100 Ridge Road, North Tonawanda, NY 14120 or donate online at www.tcmow.com*