



# Another Serving

*“Meals and More...”*

Newsletter for Volunteers and Staff of *Twin Cities Meals on Wheels, Inc.*  
100 Ridge Road North Tonawanda, New York 14120  
*Serving the Twin Cities since 1973*

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## December 2020

### Important Dates

Friday, Dec 14<sup>th</sup> – Last day to submit items for the January newsletter

**FRIDAY DECEMBER 25<sup>th</sup> -**

**NOMEALSSERVED ON CHRISTMAS DAY**

**FRIDAY JANUARY 1<sup>st</sup>- NO MEALS SERVED THE ON NEW YEARS DAY**

Wednesday December 12<sup>th</sup> 12:30 pm Board of Directors Meeting

Monday December 21 – First Day Of Winter

### EMERGENCY CLOSINGS of TC MoW-

When the weather is inclement our closings will be announced on:

- WGRZ --TV-2
- WIVB --TV-4
- WKBW -- TV-7



If our name (**Twin Cities Meals on Wheels**) is NOT there, we WILL be open! The Coordinator will personally phone all kitchen workers, drivers, and servers who are scheduled for that day to notify them that we are CLOSED.

- Kitchen workers will be notified by 7:00am.
- Drivers +Servers notified by 7:00 am.



**TAKE YOUR COPY OF “Another Serving” HOME with you.** We print 110 copies so each volunteer gets his / her own copy to keep.

#### **Can't Come on Volunteering Day??**

To cancel your day to serve or drive, call Pam Hill **at home** on her cell **428-5424** the night before so she can get a “sub” for you.



### COORDINATOR' CORNER

Well here we are almost at the end of another year. Can't say it has been one of the greatest we've ever had, but then I guess we can't have all wonderful

years now can we? Here at Meals on Wheels we did alright this year. Between the donations and grants we are holding our own, and have even made some headway on updating things around here. I hope you all like the look of the new chairs- I hope that we will be able to use them more in the new year.

Speaking of that please what ever you do be careful, so not let your guard down during this second virus wave. We have been packing up the red bags now so that there will not be as many people in the kitchen at one time.

Unfortunately we will not be having the Christmas dessert table this year due to Covid.

I am taking ideas for something to make up for that next summer when I hope everything has calmed down and is back to somewhat normal.

Now for the good stuff! We wish you a Merry Christmas and Ho Ho Ho Happy New Year from both my family and Twin Cities Meals on Wheels!

Be safe and don't spend too wildly cyber shopping, but find some great deals and enjoy the holiday spirit! Hope to see you all in the New Year with no hangovers from too much holiday spirit.

And as always THANK YOU- THANK YOU- THANK YOU for all that you do for us and those in our community that we serve!

Pam



### Volunteer News...

John And Sue Cahill again delivered meals for City Mission on Thanksgiving Day!!

John drivers for route 6 every Friday and wife Sue is on call.

Thanks to both of you!!

### **Volunteer News Always Needed --**

News that you would like to share with your volunteer friends at TC MoW is needed for "Another Serving"

You may want to provide news about:

- Vacation trips
- Happy events / sad events
- Wedding anniversaries (50, 60, 70, etc.)
- New grandchild, great-grand kids, etc.
- Injuries / surgeries

Forms are provided (in **blue** pocket) above the plastic rack where you pick up your newsletter. Place the completed form in the **yellow** pocket.

HEY - DID YOU GET YOUR FLU SHOT?

**VERY IMPORTANT THIS YEAR!!**

**Don't make the news because you didn't get a flu shot.**

Seasonal flu is a contagious respiratory illness that occurs every year, most often during the winter and early spring. It most severely affects individuals 65 years of age and older, therefore every year a new vaccine is made available to help prevent seasonal flu. We don't want you to get the flu or to give it to our clients or other volunteers at MoW.

+++++

**When you" retire" from volunteering** at TC MoW, do NOT give a MoW shirt to charity (Salvation Army, Goodwill, Am vets, etc.). The shirt could be used as ID for a thief to get into the home of a meal recipient, thinking that the thief was bringing a meal, when actually they were going to rob or harm the meal recipient.

### **In Our Thoughts & Prayers**



- Pray for the folks threatened by forest fires, floods, severe heat, storms, and hurricanes.

• Pray for **our military and personnel** in Afghanistan and throughout the world.

- Pray for **world peace** and **wisdom** for **government leaders** at all levels.
- Pray for the victims of the recent tragedy in Paris, France.

## Volunteers are always needed —

### Bring a friend to see what you do at TC MoW

You are encouraged to “Bring a Friend” on the day you come to help at TC MoW.

Your friend would be with YOU as you

- do your tasks as a kitchen helper
- drive to deliver meals
- take meals into the homes of meal recipients

recipients

“Bring a Friend” can be at any time. No advance notice required. This may generate interest in future volunteering at TC MoW.

## HAPPY BIRTHDAY-

Each month the names and date are listed for volunteers and staff who are celebrating a birthday during the month.

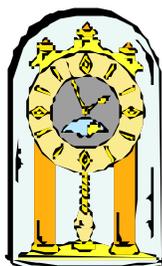


Carol Kopczynski	12/01
Marcia Brock	12/01
Virginia Park	12/02
Marti Metzger	12/09
Julie Czerwinski	12/11
Vincent Becker	12/19
Jay Wynkoop	12/21
Carol Connors	12/22
Carol Krumphart	12/25

If your birthday was incorrect or omitted, please give the information to Pam Hill so we can correct it.

## Volunteering Anniversaries

We applaud TC MoW volunteers who are celebrating an anniversary of their volunteering this month. The number of years of service at TC MoW is indicated after each name.



Cindy Cheehan	19
Margorie Proch	10
Margo Fronczek	7
Douglas Fronczek	7
Richard Dunning	5
Sharon Allen	3
Linda Sinsabaugh	3
Linda Darling	2

Thank you for your years of service.

(Please report volunteering anniversaries errors to Pam Hill).

## December Recipe...

### *French Onion – Chicken Casserole*



Prep time:30 min. Total time:1 hr, 10 min.

Makes 6 servings.

What You Need...

- 2 Tbsp. oil
- 2 large onions, thinly sliced
- 2 Tbsp. Worcestershire Sauce
- 1 Jar Home Style Mushroom Gravy
- 1 Cup Stove Top everyday Stuffing Mix for chicken
- 2 Tbsp. butter
- ¼ cup water
- 6 Small boneless, skinless chicken breasts (1/1/2 lb.)
- 6 Kraft Big Aged Swiss Cheese Slices.

Make It...

Heat oven to 425 deg.

Heat oil in large skillet over medium heat. Add onions, cook, stirring frequently, 12 min. or until tender. Add Worcestershire sauce, cook 3 min. stirring constantly. Remove skillet from heat, stir in gravy.

Pour into 13 x 9 inch Pam sprayed with cooking spray.

Microwave stuffing mix, butter and water in a bowl on HIGH 5 min.. Spoon evenly over gravy mixture, top with chicken. Cover. Bake 25 min.-Top with cheese, bake uncovered, 10 – 15 min. or until chicken is done (165 deg.)



## **LAUGH TIME**

### ***In Other News...***

The Seven Dwarfs have been advised  
That as of today,  
They can only meet in group of six.  
One of them isn't Happy!  
...and Sneezy in in quarantine.  
Listen to Doc!!

### ***THE HAIRCUT***

A young boy had just received his driver's permit and asked his father if they could discuss his use of the car. His father said he would make a deal with his son. "You bring your grades up from a C to a B average, study your Bible a little, get your hair cut and we'll talk about the car."

The boy thought about that for a moment, decided he'd settle for the offer and they agreed on it. After about six weeks his father said,  
"Son, I've been real proud. You brought your grades up and I've observed that you have been studying your Bible, but I'm real disappointed you didn't get your hair cut."

The young man paused a moment then said, "You know, Dad, I've been thinking about that, and I've noticed in my studies of the Bible that

Samson had long hair, John the Baptist had long hair, Moses had long hair. And there's even a strong argument that Jesus had long hair."

To this his father replied, "Did you also notice that they all walked everywhere they went?"

***Good Morning, maybe it's your afternoon or "good night" time. Anyway, enjoy this message:***

Everyone PLEASE be careful because people are going crazy from being locked down at home!

I was just talking about this with the microwave and the toaster while drinking my coffee, and we all agreed that things are getting bad.

I didn't mention any of this to the washing machine, because she puts a different spin on EVERYTHING!! Certainly couldn't share with the fridge, cause he's been acting cold and distant!

In the end, the iron straightened me out! She said the situation isn't all that pressing and all the wrinkles will soon get ironed out!

The vacuum, however, was very unsympathetic...told me to just suck it up! But the fan was VERY optimistic and gave me hope that it will all blow over soon!

The toilet looked a bit flushed but didn't say anything when I asked its opinion, but the front door said I was becoming unhinged and the doorknob told me to get a grip!! You can just about guess what the curtains told me: they told me to "pull myself together!"

We will survive!!

**APHORISM**: A short, pithy sentence that expresses a wise or clever observation or a general truth.

The nicest thing about the future is that it always starts tomorrow.

Money will buy a fine dog but only kindness will make him wag his tail.

If you don't have a sense of humor you probably don't have any sense at all.

Seat belts are not as confining as wheelchairs.

A good time to keep your mouth shut is when you're in deep water.

How come it takes so little time for a child who is afraid of the dark to become a teenager who wants to stay out all night?

Business conventions are important because they demonstrate how many people a company can operate without.

Why is it that at a school reunion you feel younger than everyone else looks?

Stroke a cat and you will have a permanent job.

No one has more driving ambition than the teenager boy who wants to buy a car.

There are no new sins; the old ones just get more publicity.

There are worse things than getting a call for a wrong number at 4 am - for example, it could be the right number.

No one ever says "It's only a game" when their team is winning.

I've reached the age where 'happy hour' is a nap.

Be careful about reading the fine print - there's no way you're going to like it.

The trouble with bucket seats is that not everybody has the same size bucket.

Do you realize that, in about 40 years, we'll have thousands of old ladies running around with **blurry** tattoos?

Money can't buy happiness but somehow it's more comfortable to cry in a Rolls Royce than in a **Ford**.

After 60, if you don't wake up aching in every joint, you're probably dead.

Always be yourself because the people that matter don't mind and the ones that mind don't matter.

Life isn't tied with a bow but it's still a gift.

And REMEMBER....

"POLITICIANS AND DIAPERS SHOULD BE CHANGED OFTEN AND FOR THE SAME REASON"

And also remember: Wherever you go, there you are!

*Chuckles...*

What do elves learn in school?  
The elf-abet.

How does a cucumber become a pickle?  
It goes through a jarring experience.

What did the nose say to the finger?  
Quit picking on me!

What kind of bird is always depressed?

Blue jays.

What musical instrument is always in the bathroom?

A tuba toothpaste.

### ***Messing with Language...***

*How does Moses make his tea? Hebrews it.*

*Venison for dinner again? Oh deer!*

*A cartoonist was found dead in his home. Details are sketchy.*

*I used to be a banker, but then I lost interest.*

*Haunted French pancakes give me the crêpes.*

*England has no kidney bank, but it does have a Liverpool.*

*I tried to catch some fog, but I mist.*

*They told me I had type-A blood, but it was a Type-O.*

*I changed my iPod's name to Titanic. It's syncing now.*

*Jokes about German sausage are the wurst.*

*I know a guy who's addicted to brake fluid, but he says he can stop any time.*

*I stayed up all night to see where the sun went, and then it dawned on me.*

*This girl said she recognized me from the vegetarian club, but I'd never met herbivore.*

*When chemists die, they barium.*

*I'm reading a book about anti-gravity. I just can't*

*put it down..*

*I did a theatrical performance about puns. It was a play on words.*

*PMS jokes aren't funny; period...*

*Why were the Indians here first? They had reservations.*

*We're going on a class trip to the Coca-Cola factory. I hope there's no pop quiz.*

*I didn't like my beard at first. Then it grew on me.*

*Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils?*

*When you get a bladder infection urine trouble.*

*Broken pencils are pointless.*

*What do you call a dinosaur with an extensive vocabulary? A thesaurus.*

*I dropped out of communism class because of lousy Marx.*

*All the toilets in New York's police stations have been stolen. The police have nothing to go on.*

*I got a job at a bakery because I kneaded dough.*

*Velcro - what a rip off!*

### ***Husband-Wife***

**Husband:**

**When I get mad at you, you never fight back.**

**How**

**do you control your anger?**

**Wife:**

I clean the toilet...

Husband:

How does that help?

Wife:

I use your toothbrush....

### ***LATEST COVID-19 TEST***

I tried this COVID-19 Test and it truly works!!!!

A new and easy test for COVID-19 that you can do in your own home is making the rounds. It's simple, quick and positive (or negative if you see what I mean).

Take a glass and pour a decent dram of your favorite booze into it; then see if you can smell it. If you can, then you are halfway there.

Then drink it. If you can taste it then it is reasonable to assume you are currently free of the virus because the loss of the sense of smell and taste is a common symptom.

I tested myself 7 times last night and was virus free every time thank goodness.

I will have to test myself again today because I have developed a throbbing headache, which can also be one of the symptoms.

I'll report my results later.

### **Don't Mess with Santa**

Dear Santa,

How are you? How is Mrs. Claus? I hope everyone, from the reindeer to the elves, is fine. I have been a very good boy this year. I would like an X-Box 360 with Call of Duty IV and an iPhone 4 for Christmas. I hope you remember that come Christmas Day.

Merry Christmas,

Timmy Jones

\* \*

Dear Timmy,

Thank you for your letter. Mrs. Claus, the reindeer and the elves are all fine and thank you for asking about them. Santa is a little worried about all the time you spend playing video games and texting. Santa wouldn't want you to get fat. Since you have indeed been a good boy, I think I'll bring you something you can go outside and play with.

Merry Christmas,

Santa Claus

\* \*

Mr. Claus,

Seeing that I have fulfilled the "naughty vs. Nice" contract, set by you I might add, I feel confident that you can see your way clear to granting me what I have asked for. I certainly wouldn't want to turn this joyous season into one of litigation. Also, don't you think that a jibe at my weight coming from an overweight man who goes out once a year is a bit trite?

Respectfully,

Tim Jones

\* \*

Mr. Jones,

While I have acknowledged you have met the "nice" criteria, need I remind you that your Christmas list is a request and in no way is it a guarantee of services provided. Should you wish to pursue legal action, well that is your right. Please know, however, that my attorneys have been on retainer ever since the Burgermeister Meisterburger incident and will be more than happy to take you on in open court. Additionally, the exercise I alluded to will not only improve your health, but also improve your social skills and potentially help clear up a complexion that looks like the bottom of the Burger King fry bin most days.

Very Truly Yours,

S Claus

\* \*

Now look here Fat Man,  
I told you what I want and I expect you to bring it. I was attempting to be polite about this but you brought my looks and my friends into this. Now you just be disrespecting me. I'm about to tweet my boys and we're gonna be waiting for your fat a-- and I'm taking my game console, my game, my phone, and whatever else I want. WHAT EVER I WANT, MAN!

T-Bone

\* \*

Listen Pizza Face,  
Seriously??? You think a dude that breaks into every house in the world on one night and never gets caught sweats a skinny G-banger wannabe? "He sees you when you're sleeping; He knows when you're awake". Sound familiar genius? You know what kind of resources I have at my disposal. I got your s--t wired, Jack. I go all around the world and see ways to hurt people that if I described them right now; you'd throw up your Totino's pizza roll all over the carpet of your mom's basement. You're not getting what you asked for, but I'm still stopping by your crib to stomp a mud hole in you're a-- and then walk it dry. Chew on that, Petunia.

S Clizzy

\* \*

Dear Santa,  
Bring me whatever you see fit. I'll appreciate anything.

Timmy

\* \*

Timmy,  
That's what I thought you little brat.  
Santa

## Women and the USPS

A blonde goes to the post office to buy stamps for her Christmas cards. She says to the clerk, "May I have 50 Christmas stamps?" The clerk says, "What denomination?"

The blonde says, "God help us. Has it come to this? Give me 6 Catholic, 12 Presbyterian, 10 Lutheran and 22 Baptists."

## A Boy's Report on Childbirth

A boy is given some homework on childbirth. He goes to his mother and says, 'How was I born?' 'Well, honey,' says the embarrassed mother, 'the stork brought you to us.'

'Oh,' says the boy. 'And how did you and Daddy get born?' 'Oh, the stork brought us too,' says the mother. 'Well how were Grandpa and Grandma born?' the boy persists. 'Well darling, the stork brought them too!' says the frustrated mother.

A few days later, the boy hands in his homework with the following opening sentence, "This report has been very difficult to write due to the fact that there hasn't been a natural childbirth in my family for three generations.

AND LEST IT NOT BE FORGOTTEN –

**Happy Holidays and wishing you  
Every Happiness in the New Year**

## Be Smart – Be Safe!!

**E-MAIL may be used for sending 'goodies' to our newsletter**

- Volunteer News / Volunteer "Tales"
- Jokes / Wisdom
- Recipes

(DON'T send jokes to our "Verizon" address)

Thank you,

Dean Hutter, Editor

Karl Bauer, Assistant Editor

The email is: [AnotherServing@yahoo.com](mailto:AnotherServing@yahoo.com).