



Another Serving

“Meals and More...”

Newsletter for Volunteers and Staff of Twin Cities Meals on Wheels, Inc.

100 Ridge Road North Tonawanda, New York 14120

Serving the Twin Cities since 1973

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April 2021 - Important Dates

Easter Sunday April 4th

Wednesday April 14th 12:30 PM Finally -Board of Directors Meeting

Friday April 16th Last day to submit items for May newsletter

May is National Meals on Meals Month

TAKE YOUR COPY OF “Another Serving” HOME with you.



Can't Come on Volunteering

Day??

To cancel your day to serve or drive, call Pam Hill **at home** on her Cell Phone 418-5424 the night before so she can get a “sub” for you.

Coordinator's Corner...

Well, we were doing great there for a couple of days and then even as I write this the temperature is back down in the 30s! I did notice that the grass is starting to get that

lovely bright green of spring though and I have quite a few spring flower leaves up. We are getting there- SPRING!! It also feels like we might be making headway on the COVID front also. What ever you so please stay careful and continue to follow the rules for dealing with the pandemic- after all it is not just your safety but those around you. Thank you!

For all of you who have family or friends out there who might be in need of our service we are looking to increase the number we serve. Remember that service from MOW costs less than any of the fast food chains, contains more food for that money, is a healthy choice, and best of all is served directly to you so you don't have to cook or shop. So if you have a loved

one in need of a way to obtain food with a reasonable price, send them our way. And last but not least this month I want to shout out to all of our volunteers who have stuck with us during the worst of this pandemic. You came and risked your health to serve others who are in need. I can't think of a better example of the best in humanity, after all it is not your job- you are volunteers. Your love and dedication truly astounds me. You give of your time and money to help others, best of all you are my friends and I thank you from the bottom of my heart!
Well until next month --- Pam

Tucker our Community Liaison has suggested.

Pam has had to fill in several times a week to deliver meals, let's get her some help!

Hi all,
I don't have a lot of good news to share with regard to the ways to promote MOW. The school counselors I asked said that although students must have so many service hours, they thought putting flyers at people's homes would be something the students would be wary of doing and felt the parents would not go along.

The Girl Scout area chairman said pretty much the same, all tho she said the girls are not allowed to go door to door for cookie sales unless they know the neighborhood and an adult accompanies them.

Joe Genco, editor of the Niagara Falls Gazette is interested in doing a story, wants to make it for information on the overall facility. I sent him the brochure and food price comparison (which I think is a great sales piece). However, for whatever reason, he wants to include TCCO.

My graphic art friend said she'll work on a poster - however, right now she has a number of projects she must complete first.

So promotion at the city market and perhaps a poster or brochures at the libraries, OLC, which has its perogi sales every week or at the Sikora Post or the K of C in NT or in stories on Webster Street and the Mid-City plaza and Main Street in Tonawanda would be good places to put info brochures.

I'm sending out a blurb for church bulletins which may help.

Sorry the news isn't more positive - just hard to get news out at this time.



Bottles & Cans for T.C.C.O.

Put your empty pop & beer bottles, water bottles, pop & beer cans, in the tan and white drum (behind the chairs) in the delivery volunteers' waiting area. Twin Cities Community Outreach (TCCO) has an account with **Bottle Junction, 3050 Niagara Falls Blvd., and Wheatfield.** TCCO gets the full 5¢ deposit from every bottle.

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News of our Volunteers

Promoting MOW

We are in need of more volunteers, maybe you as a current volunteer can help us find more volunteers. The following are some idea that Barb

Barbara Tucker, Community Liaison

Volunteer News Always Needed --

News that you would like to share with your volunteer friends at TC MoW is needed for "Another Serving"

You may want to provide news about:

- vacation trips
- happy events / sad events
- wedding anniversaries (50, 60, 70, etc.)
- new grandchild, great-grand kids, etc.
- injuries / surgeries

Forms are provided (in **blue** pocket) above the plastic rack where you pick up your newsletter. Place the completed form in the **yellow** pocket

When you" retire" from volunteering at TC MoW, do NOT give a MoW shirt to charity (Salvation Army, Goodwill, Am vets, etc.). The shirt could be used as ID for a thief to get into the home of a meal recipient, thinking that the thief was bringing a meal, when actually they were going to rob or harm the meal recipient.

In Our Thoughts & Prayers

Volunteers are always needed—

Perhaps you've noticed the picture in the paper and different articles on this subject. With Spring here (?) and Summer coming which means some regulars may get busy with grandchildren; we are always in need of volunteers.

So --- PLEASE speak to your friends and neighbors about volunteering at TC MoW.

Bring a friend to see what you do at TC MoW

You are encouraged to "Bring a Friend" on the day you come to help at TC MoW.

Your friend would be with YOU as you

- do your tasks as a kitchen helper
- drive to deliver meals
- take meals into the homes of meal recipients

"Bring a Friend" can be at any time. No advance notice required. This may generate interest in future volunteering at TC MoW.

HAPPY BIRTHDAY--

Each month the names and date are listed for volunteers and staff who are celebrating a birthday during the month.

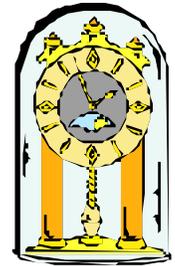


Jean Boddy	04/01
Roberta Seekins	04/08
Carol Woodcock	04/10
Rosemary Marohn	04/11
Chris Dunford	04/15
Bill Fadel	04/15
Margaret Smith	04/16
Kaye Brenon	04/21

If your birthday was incorrect or omitted, please give the information to Pam so we can correct it.

Volunteering Anniversaries

We applaud TC MoW volunteers who are celebrating an anniversary of their volunteering this month. The number of years of service at TC MoW is indicated after each name.



Jim Davignon	35
Sharon Davignon	35
Rodney Brown	19
Marilyn Stricker	16
Penny Ferguson	14
D. Jean Ohrum	12
Joan Buckingham	9
Nancy Young	8
Charity Kiszka	6
Carol Butch	6
Deb Fadel	5
Bill Fadel	5
Kathy Ceckowski	3

Another Recipe



Great

Mixed Fruit Pie

• Don't let the combo of apples and bananas scare you away. This pie is deeee-licious!

Pastry for a 2 crust pie (for a shortcut, use the ready-made, roll-out type)

1 tablespoon orange zest

2 tablespoons orange juice

1 tablespoon lemon zest

1 tablespoon lemon juice

3 tablespoons flour

1 cup brown sugar, packed

1/2 teaspoon cinnamon

4 cups thinly sliced cooking apples (EX: Spy, Granny Smith or Yellow delicious. Do not use an eating apple. It will turn out mushy and bland)

2 cups thinly sliced bananas (not real ripe ones, but not green either)

1/3 cup dried cranberries or Craisins

1/4 cup chopped walnuts (optional)

butter.

Line pie tin with one crust.

Place fruits in large bowl.

Mix other ingredients in a small bowl and then combine gently with fruit. Turn into crust.

Dot with 2-3 teaspoons of butter.

Cut remaining crust into strips and weave lattice style over the top, sealing edges well.

(May also keep crust whole and then cut a heart out of the center and prick all over with a fork) Either way, seal edges tight and make sure they are pushed snug up to the pie and not on the edges of the pan too much to prevent over-browning.

Bake at 425 degrees for 35-45 minutes or until crust is no longer doughy (it will take longer with the solid crust). Serve warm with vanilla ice cream.

Tip: It is worth the investment to purchase a silicone or aluminum pie ring designed to keep edges from over-browning. Tell Santa you'd like one this year.

How Old Are You??

(sent to us from board member Rick)

Read the following and if you recall these things, we'll know how old you are!!

Fender Skirts and Supper...

A term I haven't heard in a long time. And thinking about 'fender skirts' started me thinking about other words that quietly disappear from our language with hardly a notice like 'curb feelers', 'Continental kits', 'Dyna Flow' and 'Electrolux' and 'Frigidaire'.

Introducing the 1963 Admiral TV, now with 'Spectra Vision!'

Then remember Caster Oil, I never hear about mothers threatening kids with Caster Oil anymore.

When was the last time you heard the quaint phrase 'in a family way?' Apparently, 'brassiere' is a word no longer used. I guess it's just 'bra' now.

Remember going to the 'picture show', now considered a 'movie'.

Here's a word we miss - 'percolator.'

Did you ever wait for your daddy to come home, so you could ride the 'running board'. 'Coast to Coast' is a phrase that once held all sorts of excitement and now means almost nothing. Now we take the term 'worldwide' for granted. When did we quit calling them

'emergency brakes?' At some point, 'parking brake' became the proper term.

Also gone is the old folks who would call the accelerator the 'food feed'. Many today do not even know what a 'clutch' is or the 'dimmer switch' used to be on the floor. For that matter, the 'starter' was down there too.



A Few Laugh's...

Covid Vaccine - Beneficial information for all of my elder friends and relatives

This happened yesterday and is important information for our age group.

A friend had his 2nd dose of the vaccine at the vaccination center after which he began to realize his vision was blurred on the way home.

When he got home, he called the vaccination center for advice asked if he should go see his eye doctor, or go to the ER.

He was told NOT to go to a doctor or a hospital, but just return to the vaccination center immediately and pick up his glasses.

The Next Virus...

We're still battling 🦠 COVID-19 🦠, and the next thing is here already 🦠 😬 🦠

The *NILE Virus, type C*

Virologists have identified a new Nile virus - type C.

It appears to target those who were born between 1940 & 1970

Symptoms:

1. Causes you to send the same message twice.
2. Causes you to send a blank message
3. Causes you to send a message to the wrong person.
4. Causes you to send it back to the person who sent it to you.
5. Causes you to forget to attach the attachment.
6. Causes you to hit SEND before you've finished.
7. Causes you to hit DELETE instead of SEND.
8. Causes you to SEND when you should DELETE.

It is called the *C-NILE* virus!

And if you can't admit to doing the above, you've obviously caught the mutated strain —

The *D-NILE* virus.

What did my brother get when he crossed an intersection with a convertible?

A blonde

What did the one cannibal say to the other cannibal?

"I don't like your brother-in-law."

" Then only eat the noodles"

Power Outage

We had an electrical power outage in our zip code this morning.

My PC, my laptop, the TV, the DVD, the iPad AND my new surround sound music system were all shut down. No power, remember? Then I discovered that my iPhone battery was dead, and to top it off it was raining outside, so I couldn't go play golf. It was Sunday, and my favorite bar was closed.

So I went into the kitchen to make some coffee and then I remembered that this also needs power, so I sat there and talked with my wife for a few hours.

She seems like a really nice person.

The elderly priest, speaking to the younger priest, said,

"It was a good idea to replace the first four pews with plush bucket theater seats. It worked like a charm. The front of the church always fills first now."

The young priest nodded, and the old priest continued, "And you told me adding a little more beat to the music would bring young people back to church, so I supported you when you brought in that rock'n'roll gospel choir. Now our services are consistently packed to the balcony."

"Thank you, Father," answered the young priest. "I am pleased that you are open to the new ideas of youth."

"All of these ideas have been well and good," said the elderly priest, "but I'm afraid you've gone too far with the drive-thru confessional."

"But, Father," protested the young priest, "my confessions and the donations have nearly doubled since I began that!"

"Yes," replied the elderly priest, "and I appreciate that.

But the flashing neon sign, 'Toot 'n Tell or Go to Hell' cannot stay on the church roof.

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MY TRAVEL PLANS FOR 2021

I have been in many places, but I've never been in Kahoots. Apparently, you can't go alone. You have to be in Kahoots with someone. I've also never been in Cognito. I hear no one recognizes you there. I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my wife, children, friends, family and work. I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore. I have also been in Doubt. That is a sad place to go, and I try not to visit there too often. I've been in Flexible, but only when it was very important to stand firm. Sometimes I'm in Capable, and I go there more often as I'm getting older. One of my favorite places to be is in Suspense! It really gets the adrenaline flowing and pumps up the old heart! At my age I need all the stimuli I can get! I may have been in Continent, but I don't remember what country I was in. It's an age thing. They tell me it is very wet and damp there.

PLEASE DO YOUR PART! You can do your bit by remembering to forward this to at least one unstable person. My job is done! Life is too short for negative drama and petty things. So laugh insanely, love truly and forgive quickly! From one unstable person to another, I hope everyone is happy in your head - we're all doing pretty well in mine!

How children perceive their Grandparents...

1. She was in the bathroom, putting on her makeup, under the watchful eyes of her young granddaughter, as she'd done many times before. After she applied her lipstick and

started to leave, the little one said, "But Grandma, you forgot to kiss the toilet paper good-bye!" I will probably never put lipstick on again without thinking about kissing the toilet paper good-bye.

2. My young grandson called the other day to wish me Happy Birthday. He asked me how old I was, and I told him, "80". My grandson was quiet for a moment, and then he asked, "Did you start at 1?"

3. After putting her grandchildren to bed, a grandmother changed into old slacks and a droopy blouse and proceeded to wash her hair. As she heard the children getting more and more rambunctious, her patience grew thin. Finally, she threw a towel around her head and stormed into their room, putting them back to bed with stern warnings. As she left the room, she heard the three-year-old say with a trembling voice, "Who was THAT?"

4. A grandmother was telling her little granddaughter what her own childhood was like. "We used to skate outside on a pond. I had a swing made from a tire; it hung from a tree in our front yard. We rode our pony. We picked wild raspberries in the woods." The little girl was wide-eyed, taking all this in. At last she said, "I sure wish I'd gotten to know you sooner!"

5. My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?" I mentally polished my halo and replied, "No, how are we alike?" "You're both old," he replied.

6. A little girl was diligently pounding away on her grandfather's word processor. She told him she was writing a story. "What's it about", he asked? "I don't know", she replied. "I can't read."

7. I didn't know if my granddaughter had learned her colors yet, so I decided to test her. I would point out something and ask what color it was. She would tell me and was

always correct. It was fun for me, so I continued. At last, she headed for the door, saying, "Grandma, I think you should try to figure out some of these colors yourself!"

8. When my grandson Billy and I entered our vacation cabin, we kept the lights off until we were inside to avoid attracting pesky insects. Still, a few fireflies followed us in. Noticing them before I did, Billy whispered, "It's no use Grandpa. Now the mosquitoes are coming after us with flashlights."

9. When my grandson asked me how old I was, I teasingly replied, "I'm not sure." "Look in your underwear, Grandpa", he advised . . . "Mine says I'm 4 to 6."

10. A second grader came home from school and said to her grandmother, "Grandma, guess what? We learned how to make babies today." The grandmother, more than a little surprised, tried to keep her cool. "That's interesting," she said . . . "How do you make babies?"

"It's simple", replied the girl. "You just change 'y' to 'i' and add 'es'."

11. Children's Logic: "Give me a sentence about a public servant", said a teacher. The small boy wrote: "The fireman came down the ladder, pregnant." The teacher took the lad aside to correct him. "Don't you know what pregnant means?", she asked.

"Sure", replied the young boy confidently. "It means carrying a child."

12. A grandfather was delivering his grandchildren to their home one day when a fire truck zoomed past. Sitting in the front seat of the fire truck was a Dalmatian dog. The children started discussing the dog's duties. "They use him to keep crowds back", said one child.

"No", said another. "He's just for good luck." A third child brought the argument to a close. "You're both wrong . . . They use the dogs", she said firmly, "to find the fire hydrants."

13. A 6-year-old was asked where his grandma lived. "Oh," he said, "she lives at the airport, and when we want her, we just go get her."

Then, when we're done having her visit, we take her back to the airport."

14. Grandpa is the smartest man on earth! He teaches me good things, but I don't get to see him enough to get as smart as him!

15. My Grandparents are funny. When they bend over, you hear gas leaks and they blame their dog.

Several musings for your entertainment

1. I changed my car horn to gunshot sounds. People get out of the way much faster now.

2. Gone are the days when girls used to cook like their mothers. Now they drink like their fathers.

3. I didn't make it to the gym today. That makes five years in a row.

4. I decided to stop calling the bathroom the "John" and renamed it the "Jim". I feel so much better saying I went to the Jim this morning.

5. Old age is coming at a really bad time.

6. When I was a child I thought "Nap Time" was a punishment. Now, as a grownup, it feels like a small vacation (My definition of a Nap is a short unconscious period during which you feel no aches or pains.)

7. The biggest lie I tell myself is "I don't need to write that down, I'll remember it.

8. I don't have gray hair; I have "wisdom highlights"! I'm just very wise.

9. If God wanted me to touch my toes, He would've put them on my knees

10. Last year I joined a support group for procrastinators. We haven't met yet.

11. Why do I have to press one for English when you're just going to transfer me to someone I can't understand anyway?

12. Of course I talk to myself. Sometimes I need expert advice.

13. At my age "Getting lucky" means walking into a room and remembering what I came in there for.

14. Actually I'm not complaining because I am a Senager. (Senior teenager) I have everything that I wanted as a teenager, only 60 years later. I don't have to go to school or work. I get an allowance every month. I have my own pad. I don't have a curfew. I have a driver's license and my own car. The people I hang around with are not scared of getting pregnant. And I don't have acne. Life is great

15. I have more friends I should send this to, but right now I can't remember their names. Now, I'm wondering: did I send this to you, or did you send it to me?

DID YOU GET YOUR VACCINE?

Be Smart Be Safe

E-MAIL may be used for sending 'goodies' to our newsletter

- Volunteer News / Volunteer "Tales"
- Jokes / Wisdom • Recipes

AnotherServing@yahoo.com

(DON'T send jokes to our "Verizon" address)

Thank you,

Dean T. Hutter Editor, Another Serving
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