

October is  
Breast  
Cancer  
Awareness  
Month



# Another Serving

## “Meals and More”

Newsletter for Volunteers and Staff of Twin Cities Meals on Wheels, Inc.  
100 Ridge Road North Tonawanda, New York 14120  
Serving the Twin Cities since 1973

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## OCTOBER 2021

**Board of Director for 2021** Karl Bauer- President, James Burke – Vice President, Curt Gaume – Treasurer –Rick Henderson – Secretary. **Board** Brown, Carol Butch, John Grobe, Dean Hutter, Publicity Chair - Barb Tucker Community **Members:** Eileen Britton , Rodney Brown, Virginia Gary Rockenbrock, Denise Sawalzyk, Liaison: Evelyn Zupo

Board Meeting Oct. 13<sup>th</sup> - 12:30 pm

TCCO Raffle Tickets only \$10.00 & keep WINNING!



### Can't Come on Volunteering Day??

To cancel your day to serve or drive, call Pam Hill **at home cell 418-5424** the night before so she can get a “sub” for you.

### Pam's Column...

My favorite month, not because of the weather which is usually crappy, but because of the looks on kids faces the last day of the month. I love seeing their costumes and handing out treats. Even the dog likes it, dressed in a silly costume she prances around and gets petted all night. I had considered retiring from

decorating my house and then one of my neighbors mentioned how much his daughter loved the decorations... well I couldn't help it I started the other day. Within a week or so there should be Halloween mayhem in my front yard.

Well I hope this finds all of you well and getting ready for the coming weather! I am not looking forward to it. I have been looking at snow blowers as I hope to purchase one shortly. Have any of you tried the newer battery operated ones? Let me know if you have, I am not sure if I want another gas operated one they are so heavy. I guess I'm getting lazy in my old age.

We are having a busy first week of this month- slow roll from Buffalo stopped in and we had a

dog scent work trial as a fund raiser for TCCO.  
It is great to see people back in the building  
Well I guess that's all I have for this month see  
you next month!

## ***TCCO Twin Cities Community Outreach...***

Another Raffle in October!!  
Only \$10.00 per ticket AND you can win more  
than once.

**SEE PAM, Bobbie or Linda FOR YOUR  
TICKETS!!!!!!!!!!!!**

**Prizes from \$40.00 to \$100**

### **Winners as of Oct. 7<sup>th</sup>...**

10/1 - Kathy Kavanagh - \$75.00  
10/4 - Sam Regan - \$60.00  
10/5 - Kenny D. - \$50.00  
10/6 - Rick Winter - \$40.00  
10/7 - Jennifer Caldwell - \$75.00

REMEMBER YOU CAN KEEP  
WINNING!!

GET YOU TICKETS NOW!!

### **Annual Fundraiser Letters will be mailed this month.**

We always need donations from local business.  
They can donate by sending a check or Donate  
On-Line from our website.  
[www.tcmon.com](http://www.tcmon.com)

**Reminder school is in session!**  
**Volunteer drivers be sure to follow all school  
speed limits!! Speed limits are different in  
North Tonawanda and Tonawanda**



## **News of our Volunteers**

Share your hobbies, vacations, family events,  
etc with us. Just put a note in my mail shelf in  
Pam's office or email me at  
[AnotherServing@yahoo.com](mailto:AnotherServing@yahoo.com)

**Long time volunteer for Meals On Wheels  
AND exercise instructor** at the NT Senior  
Center had a bad fall at home, send her a  
card.

Anita Zebylski  
613 Wall St.  
North Tonawanda, NY 14120

### ***Project Hope***

11<sup>th</sup> Annual **Painters Plus HOPE!**  
Winning house at 6929 Ward Rd., Wheatfield  
Thank you Jesse Gooch and all his volunteers!!

**Help Your Local  
SALAVATION ARMY by  
Becoming a volunteer Bell Ringer this  
Christmas Season.  
Orientation Meeting Thursday,  
October 28<sup>th</sup> at 6:00 PM  
At The Salvation Army  
46 Broad St. Tonawanda  
693-3110, or 329-0657 or 329-3417**



Each month the names and date are listed for  
volunteers and staff who are celebrating  
a birthday during the month.

Curt Gaume	10/02
Gail Wildt	10/05
Karen Kudla	10/05
Ann Webster	10/08

John Cahill	10/12
Denise Sawatzky	10/16
Sue Clark	10/26
Danny Muldoon	10/27
Lynne Lang	10/29

If your birthday was incorrect or omitted, please give the information to Pam Hill so we can correct it.



We applaud TC MoW volunteers who are celebrating an anniversary of their volunteering this month. The number of years of service at TC MoW is indicated after each name.

Patricia Hibbert	18
Lin Raynor	18
Polly Archibald	14
Kaye Brenon	14
Judy Brown	14
Carol Connors	14
Carol Kopczynski	14
Lynne Lang	14
Marilyn O'Rourke	14
Joan Dirmyer	14
PJohn Cahill	6
Kathleen Zinni	3

Thank you for your years of service. (Please report volunteering anniversaries errors to Pam Hill).

## Reminder...Online Donations Up and Running

Good afternoon to all.

We have installed a Donation Button on the website for online donations. The button is located in the upper left corner of the webpage.

The donor will have the option of adding the transaction fees to their credit card or PayPal account.

We are registered as a nonprofit organization with discounted fees.

To get the word out please pass on this information to family members, friends, and neighbors. If you have a Facebook account please share this information with your friends.

Thank you to Curt for supplying all of the required banking information.

Rick



I had the rudest, slowest, nastiest cashier today! I guess it's my own fault for using the self checkout!

### Subject: On the 8th day

God created Seniors. Most seniors never get enough exercise. In His wisdom, God decreed that seniors become forgetful so they would have to search for their glasses, keys, and other things, thus doing more walking. And God looked down and saw that it was good.

Then God saw there was another need. In His wisdom He made seniors lose coordination so they would drop things, requiring them to bend, reach, and stretch. And God looked down and saw that it was good.

Then God considered the function of bladders and decided seniors would have additional calls of nature, requiring more trips to the bathroom, thus providing more exercise. God looked down and saw that it was good.

So if you find, as you age, you are getting up and down more, remember it's God's will. It is all in your best interest even though you mutter under your breath.  
Nine Important Facts to Remember as We Grow Older:

#9 Death is the number 1 killer in the world.

#8 Life is sexually transmitted.

#7 Good health is merely the slowest possible rate at which one can die.

#6 Men have two motivations: hunger and sex, and they can't tell them apart. If you see a gleam in his eyes, make him a sandwich.

#5 Give a person a fish and you feed them for a day. Teach a person to use the Internet and they won't bother you for weeks, months, maybe years.

#4 Health nuts are going to feel stupid someday, lying in the hospital, dying of nothing.

#3 All of us could take a lesson from the weather. It pays no attention to criticism.

#2 In the 60's, people took LSD to make the world weird. Now the world is weird, and people take Prozac to make it normal.

#1 Life is like a jar of jalapeño peppers. What you do today may be a burning issue tomorrow.

Please share this wisdom with others; I need to use the bathroom.

## *A Child's Perspective:*

### 1) NUDITY

I was driving with my three young children one warm summer evening when a woman in the convertible ahead of us stood up and waved. She was stark naked! As I was reeling from the shock, I heard my 5-year-old shout from the back seat, 'Mom, that lady isn't wearing a seat belt!'

### 2) OPINIONS

On the first day of school, a first-grader handed his teacher a note from his mother. The note read, "The opinions expressed by this child are not necessarily those of his parents."

### 3) KETCHUP

A woman was trying hard to get the ketchup out of the jar. During her struggle the phone rang so she asked her 4-year-old daughter to answer the phone. "Mommy can't

come to the phone to talk to you right now. She's hitting the bottle."

### 4) MORE NUD\*ITY

A little boy got lost at the YMCA and found himself in the women's locker room. When he was spotted, the room burst into shrieks, with ladies grabbing towels and running for cover. The little boy watched in amazement and then asked, "What's the matter, haven't you ever seen a little boy before?"

### 5) POLICE # 1

While taking a routine vandalism report at an elementary school, I was interrupted by a little girl about 6 years old. Looking up and down at my uniform, she asked, "Are you a cop?" "Yes," I answered and continued writing the report. "My mother said if I ever needed help I should ask the police. Is that right?" "Yes, that's right," I told her. "Well, then," she said as she extended her foot toward me, "would you please tie my shoe?"

### 6) POLICE # 2

It was the end of the day when I parked my police van in front of the station. As I gathered my equipment, my K-9 partner, Jake, was barking, and I saw a little boy staring in at me. 'Is that a dog you got back there?' he asked. "It sure is," I replied. Puzzled, the boy looked at me and then towards the back of the van. Finally he said, "What'd he do?"

### 7) ELDERLY

While working for an organization that delivers lunches to elderly shut-ins, I used to take my 4-year-old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, "The tooth fairy will never believe this!"

### 🤪 DRESS-UP

A little girl was watching her parents dress for a party. When she saw her dad donning his tuxedo, she warned, "Daddy, you shouldn't wear that suit." "And why not, darling?" "You know that it always gives you a headache the next morning."

### 9) DEATH

While walking along the sidewalk in front of his church, our minister heard the intoning of a prayer that nearly made his collar wilt. Apparently, his 5-year-old son and his playmates had found a dead robin. Feeling that proper burial should be performed, they had secured a small box and cotton batting, then dug a hole and made ready for the disposal of the deceased. The minister's son was chosen to say the appropriate prayers and with sonorous dignity intoned his version of what he thought his father always said: "Glory be unto the Faaather, and unto the Sonnn, and into the hole he goooes." (I want

this line used at my funeral!)

#### 10) SCHOOL

A little girl had just finished her first week of school. "I'm just wasting my time," she said to her mother. "I can't read, I can't write, and they won't let me talk!"

#### 11) BIBLE

A little boy opened the big family Bible. He was fascinated as he fingered through the old pages. Suddenly, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages. "Mama, look what I found," the boy called out. "What have you got there, dear?" With astonishment in the young boy's voice, he answered, "I think it's Adam's underwear!" .....

### LONG-TERM COMMITMENT

Recent widow who has just buried fourth husband, looking for someone to round out a six-unit plot. Dizziness, fainting, shortness of breath, not a problem.

### SERENITY NOW

I am into solitude, long walks, sunrises, the ocean, yoga, and meditation. If you are the silent type, let's get together, take our hearing aids out and enjoy quiet times.

### WINNING SMILE

Active grandmother with original teeth seeking a dedicated flosser to share rare steaks, corn on the cob and caramel candy.

### MEMORIES

I can usually remember Monday through Thursday. If you can remember Friday, Saturday and Sunday, let's put our two heads together.

### MINT CONDITION

Male, 1932 model, high mileage, good condition, some hair, many new parts including hip, knee, cornea, valves. Isn't in running condition, but walks well.

### AND LAST BUT CERTAINLY NOT LEAST~

A lady in The Villages in Florida was sitting on a bench, near another bench with a gentleman sitting on the bench. She asked him if he was new to the community and he said "no, I have

owned a condo here for 20 years".

She then said "I have been here for 15 years and I have never seen you around!".

He then said "I have been in prison for the last 17 years!".

She was stunned and finally asked him what he had done.

He said that he had murdered his first wife! She was stunned again and after a long pause she said. "So you're SINGLE???"

### *Lexophile...*

"Lexophile" describes those that have a love for words, such as "you can tune a piano, but you can't tuna fish", and "To write with a broken pencil is pointless." An annual competition is held by the New York Times to see who can create the best original lexophile. This year's submissions:

+ I changed my iPod's name to Titanic. It's syncing now.

+ England has no kidney bank, but it does have a Liverpool.

+ Haunted French pancakes give me the crepes.

+ This girl today said she recognized me from the Vegetarians Club, but I'd swear I've never met herbivore.

+ I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.

+ A thief who stole a calendar got twelve months.

+ When the smog lifts in Los Angeles U.C.L.A.

+ I got some batteries that were given out free of charge.

+ A dentist and a manicurist married. They fought tooth and nail.

+ A will is a dead giveaway.

+ With her marriage, she got a new name and a dress.

+ Police were summoned to a daycare center where a three-year-old was resisting a rest.



- + Did you hear about the fellow whose entire left side was cut off? He's all right now.
- + A bicycle can't stand alone; it's just two tired.
- + The guy who fell onto an upholstery machine last week is now fully recovered.
- + He had a photographic memory but it was never fully developed.
- + When she saw her first strands of gray hair she thought she'd dye.
- + Acupuncture is a job well done. That's the point of it.
- + I didn't like my beard at first. Then it grew on me.
- + Did you hear about the cross-eyed teacher who lost her job because she couldn't control her pupils?
- + When you get a bladder infection, urine trouble.
- + When chemists die, they barium.
- + I stayed up all night to see where the sun went, and then it dawned on me.
- + I'm reading a book about anti-gravity. I just can't put it down.

### **Alligator Shoes**

A young blonde was on vacation in the depths of Louisiana. She wanted a pair of genuine alligator shoes in the worst way, but was very reluctant to pay the high prices the local vendors were asking.

After becoming very frustrated with the "no haggle" attitude of one of the shopkeepers, the blonde shouted, "Maybe I'll just go out and catch my own alligator so I can get a pair of shoes at a reasonable price!" The shopkeeper said, "By all means, be my guest. Maybe you'll luck out and catch yourself a big one!"

Determined, the blonde turned and headed for the swamps, set on catching herself an alligator.

Later in the day, the shopkeeper is driving home, when he spots the young woman

standing waist deep in the water, shotgun in hand. Just then, he sees a huge 9-foot alligator swimming quickly toward her. She takes aim, kills the creature and with a great deal of effort hauls it on to the swamp bank. Laying nearby were several more of the dead creatures. The shopkeeper watches in amazement. Just then the blonde flips the alligator on its back, and frustrated, shouts out, "Damn it, this one isn't wearing any shoes either!"

### **The Blind Cowboy**

An old, blind cowboy wanders into an all-girl biker bar by mistake. He finds his way to a bar stool and orders a shot of Jack Daniels. After sitting there for a while, he yells to the bartender, 'Hey, you wanna hear a blonde joke?' The bar immediately falls absolutely silent.

In a very deep, husky voice, the woman next to him says, 'Before you tell that joke, Cowboy, I think it is only fair, given that you are blind, that you should know five things:

1. The bartender is a blonde girl with a baseball bat.
2. The bouncer is a blonde girl with a 'Billy-Club'.
3. I'm a 6-foot tall, 175-pound blonde woman with a black belt in karate.
4. The woman sitting next to me is blonde and a professional weight lifter.
5. The lady to your right is blonde and a professional wrestler.

'Now, think about it seriously, Cowboy ... do you still wanna tell that blonde joke?'

The blind cowboy thinks for a second, shakes his head and mutters, 'No ...not if I'm gonna have to explain it five times"!

### **Weather-wise**

Once upon a time there was a king who wanted to go fishing. He called the royal weather forecaster and inquired as to the weather forecast for the next few hours.

The weatherman assured him that there was no chance of rain in the coming days. So the king went fishing with his wife, the queen. On the way he met a farmer on his donkey. Upon seeing the king the farmer said, "Your Majesty, you should return to the palace at once because in just a short time I expect a huge amount of rain to fall in this area". The king was polite and considerate as he replied: "I hold the palace meteorologist in high regard. He is an extensively educated and experienced professional. Besides, I pay him very high wages. He gave me a very different forecast. I trust him and I will continue on my way." So he continued on his way.

However, a short time later a torrential rain fell from the sky. The King and Queen were totally soaked and their entourage chuckled privately upon seeing them in such a shameful condition. Furious, the king returned to the palace and gave the order to fire the weatherman at once! Then he summoned the farmer and offered him the prestigious and high paying role of Royal Forecaster. The farmer said, "Your Majesty, I do not know anything about forecasting. I obtain my information from my donkey. If I see my donkey's ears drooping, it means with certainty that it will rain."

So the king hired the donkey. And so began the practice of hiring asses to work in the government and occupy its highest and most influential positions.

And it is still so today.

## NEVER SQUAT WITH YOUR SPURS

ON . . . by Will Rogers

Not sure advice gets better than this. (Some old and Some new.)

Will Rogers was one of the greatest political sages this country has ever known. Some of his sayings:

1. Always drink upstream from the herd.
2. Never kick a cow chip on a hot day.

3. There are two theories to arguing with a woman. Neither works.
4. Never miss a good chance to shut up.
5. (Ladies) never slap a man who's chewing tobacco.
6. If you find yourself in a hole, stop digging.
7. The quickest way to double your money is to fold it and put it back into your pocket.
8. There are three kinds of men: The ones that learn by reading. The few who learn by observation. The rest of them have to pee on the electric fence and find out for themselves.
9. Good judgment comes from experience, and a lot of that comes from bad judgment.
10. If you're riding ahead of the herd, take a look back every now and then to make sure it's still there.
11. Lettin' the cat outta the bag is a whole lot easier'n puttin' it back.
12. After eating an entire bull, a mountain lion felt so good he started roaring. He kept it up until a hunter came along and shot him.

The moral : When you're full of bull, keep your mouth shut.

## ABOUT GROWING OLDER...

First ~ Eventually you will reach a point when you stop lying about your age and start bragging about it.

Second ~ The older we get, the fewer things seem worth waiting in line for.

Third ~ Some people try to turn back their odometers . Not me; I want people to know 'why' I look this way. I've traveled a long way, and some of the roads weren't paved.

Fourth ~ When you are dissatisfied and would like to go back to youth, think of Algebra.

Fifth ~ You know you are getting old when everything either dries up or leaks.

Sixth ~ I don't know how I got over the hill without getting to the top.

Seventh ~ One of the many things no one tells you about aging is that it's such a nice change from being young.

Eighth ~ One must wait until evening to see how splendid the day has been.

Ninth ~ Being young is beautiful, but being old is comfortable.

Tenth ~ Long ago, when men cursed and beat the ground with sticks, it was called witchcraft. Today it's called golf.

And, finally ~ If you don't learn to laugh at trouble, you won't have anything to laugh at when you're old.

**Confession Box** A drunken man staggered in to a Catholic church and sat down in a confession box, saying nothing. The bewildered priest coughed to attract his attention, but still the man said nothing. The priest then knocked on the wall three times in a final attempt to get the man to speak. Finally, the drunk replied, "No use knocking', mate, there's no paper in this one either."

### **Johnny at Confession**

Johnny goes to confession and says, "Bless me Father, for I have sinned. I have been with a loose woman."

The priest ask, "Is that you, little Johnny Babineaux?"

"Yes, Father it is."

"And who was the woman you were with?"

Johnny says, "I can't tell you, Father. I don't want to ruin her reputation."

"Well, Johnny, I'm sure to find out her name sooner or later, so you may as well tell me now. Was it Tina Comeaux?"

"I cannot say."

"Was it Teresa Thibodeaux?"

"I'll never tell."

"Was it Nina Olivier?"

"I'm sorry but I cannot name her."

"Was it Cathy Prejean?"

"My lips are sealed."

"Was it Rosa Prudhomme, then?"

"Please, Father," Johnny pleaded, "I cannot tell you."

The priest sighs in frustration. "You're very

tight lipped, Johnny Babineaux and I admire that. But you've sinned and have to atone. You cannot attend church services for 4 months. Now you go and behave yourself."

Johnny walks back to his pew, and his friend Jack slides over and whispers, "What'd you get?"

Johnny replies, "Four months vacation and five good leads..."

### **The Trouble With Email**

It's wise to remember how easily email can be misused, sometimes unintentionally, with serious consequences.

Consider the case of the Illinois man who left the snow-filled streets of Chicago for a vacation in Florida. His wife was on a business trip and was planning to meet him there the next day. When he reached his hotel, he decided to send his wife a quick email.

Unfortunately, when typing her address, he missed one letter, and his note was directed instead to an elderly preacher's wife whose husband had passed away only the day before. When the grieving widow checked her email, she took one look at the monitor, let out a piercing scream, and fell to the floor in a dead faint. At the sound, her family rushed into the room and saw this note on the screen:

Dearest Wife,

Just got checked in. Everything prepared for your arrival tomorrow.

P.S. Sure is hot down here.

**E-MAIL may be used for sending 'goodies' to our newsletter**

- Volunteer News / Volunteer "Tales"
- Jokes / Wisdom
- Recipes

**another-serving@yahoo.com**

(DON'T send jokes to our "TCMoW address" )

Thank you,

Dean T. Hutter- Editor,

Karl E. Bauer - Assistant Editor