

TWIN CITIES MEALS ON WHEELS, INC.

Serving the cities of North Tonawanda and Tonawanda since 1973

100 Ridge Road

North Tonawanda, New York 14120

Phone: (716) 693-1663 Fax No. (716) 693-1663

www.tcmow.com Email: info@tcmow.com

Dear Neighbor,

This has been a very challenging year for all of us with high inflation and the rising costs of food, gas, and other services. The income we receive from the clients' meals only covers 45% of our total expenses and the remaining 65% comes from our annual appeal, donations, fundraising efforts, and non-governmental subsidies.

Our clients are very appreciative as evidenced by the thank you notes we receive.

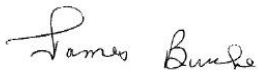
Lucia from North Tonawanda wrote "Thank you so very much for your continued dedication to this service to our community. "

Ardith from North Tonawanda wrote "Thank you so much for your thoughtfulness. The birthday cake and your best wishes were so appreciated. It was a surprise and made my day.

Maggie from Tonawanda wrote " A note to say a huge THANK YOU! to the kitchen staff and the creative menus, and those who package the meals; to the delivery staff, always patient and efficient and with a lot of smiles and fun; and to all who serve behind the lines without recognition. To everyone, I am most appreciative of your thoughtfulness and many kindnesses."

More than ever, we need your help and support to keep our meals affordable and to keep delivering smiles. Please continue your generosity with a gift of any amount. Donations can be made online at www.tcmow.com or complete the attached donation slip and return it in the enclosed envelope.

Sincerely,



James Burke  
President, Board of Directors

Cut or tear along the dotted line. Enclosed with contribution.

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\_\_\_\_\_ YES, I (We) care and want to support Twin Cities Meals on Wheels:

\_\_\_\_\_ \$25 \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$500 \_\_\_\_\_ Other \$ \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Please make checks payable to **Twin Cities Meals on Wheels, Inc.**

**We are an independent nonprofit organization not associated with FeedMore of WNY.**

# TWIN CITIES MEALS ON WHEELS

*Celebrating 50 years of service To the Citizens of Tonawanda and North Tonawanda*



**Offering nutritious,  
ready-to-eat meals,  
delivered to your home on a daily basis!**

About Us...  
Twin Cities



Meals on Wheels  
*We deliver smiles™*

Hot meals prepared in our kitchen and delivered to clients

Over **100 volunteers** provide 23,000 meals annually

**Independent** neighborhood-based, volunteer organization

**Connecting** with the Twin Cities' elderly population **DAILY**

*Thank you  
for your  
support*



Twin Cities



Meals on Wheels  
*We deliver smiles™*

**WAYS  
YOU  
CAN HELP**



## Volunteer

**Servers • Drivers • Kitchen Helpers**

One Day Per Week, Monday Thru Friday  
Flexibility To Volunteer More, When Needed

## Contact Us

[www.tcmow.com](http://www.tcmow.com)

Or Contact Pam at 716-693-1663

We are located in the  
Twin Cities Community Outreach Building  
100 Ridge Road • North Tonawanda, NY 14120

## Donate



- Help us expand our reach to address the Twin Cities' growing need for assistance.
- Client fees cover **ONLY** a portion of the meal cost.
- We receive **NO** government funding.
- We operate independently of FeedMore WNY.
- Contributions from our neighbors and friends **MAKE AN IMPACT.**



**DONATE TODAY**