

AUGUST 2022

## Business Support Launches New Project

A few months ago, Twin Cities Meals on Wheels' Board of Directors searched for a way to thank our wonderful volunteers for their tireless devotion, especially the trials that were faced during the Pandemic and then afterwards with a shortage of volunteers and a growing client base.

Kitchen workers drivers, servers and office workers spend hours to be sure clients are taken care of, not just offering delicious meals but assuring the clients that someone cares for them.

In addition, the board wanted to thank our clients for their continued support. For many, the trusted Meals on Wheels volunteer who shows up every day with a meal and a smile is the only person they see or speak with all day. This special delivery is the reason to get up in the morning, something to look forward to and a reminder to take good care of themselves.

With all that in mind, the final decision was a thank you note pad and pen, useful to everyone. The problem was finding businesses to underwrite the cost of the two items.

Carol Tallichet, owner of LumberJack's Patio and Grill on River Road in North Tonawanda, stepped up the minute she heard of the project. Her donation was matched by Riverfront Custom Design, a millwork company in North Tonawanda, owned by Paul Tucker. The gifts launched the project.

Board members Curt Gaume and Jim Burke along with site



**THANK YOU:** Taking part in the Thank You Packet presentation are, from left, Carolyn Gorski, vice president of Riverfront Custom Design; Curt Gaume, TCMOW treasurer; Jim Burke, board member; TCMOW coordinator Pam Hill and LumberJack's owner Carol Tallichet.

coordinator Pam Hill presented the first thank you gifts to the two generous benefactors on Wednesday, July 27.

The thank you packet also included the booklet from the Chamber of Commerce of the Tonawandas of all events in the Twin Cities through December.

The thank you packets will be presented to volunteers and clients the first week of August.

## Adopt-A-Day Matches Fun Food to Giving

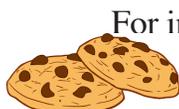
Continuing its efforts to find new ways to attract the community to Twin Cities Meals on Wheels while also bringing in donations, **Adopt-A-Day** began its "journey" on August 1. **Adopt-A-Day** is a special program where you choose any day that is special and share the joy of that day with clients of Twin Cities Meals on Wheels with a dessert of your choice.

TCMOW's terrific head cook Connie Rabideau cheerfully agreed that the four choices would be tarts, cookies, brownies or cupcakes.



The cost for the "adoption" is \$99.00. In return for the "adoption," the host would receive:

- \*Recognition in the monthly Adopt-A-Day notice in newsletter
- \*Thank you on our Website, Facebook page and in newsletters shared with the community



For information on how to start the "adoption process," or to receive an application, contact board member Carol Butch at 716-693-7048.



## Pam's Corner

*I have been noticing lately, as I get older, how much things have changed but yet they are still the same.*

*I mean, look at cars for instance, all the new gadgets on them, but the rules of the road and how to navigate them is still the same. I do like Map Quest though!*

*With all that has happened in the world due to Covid and other things, we have seen a lot of changes but we are resilient and roll with those changes.*

*Now, at last, so many things are opening up again and things are going back nearer to normal.*

*Canal Fest was different but still fun to walk around and see the differences.*

*We will be having **Thunder on the Niagara** back again this year also. I remember going with my father and brothers once many years ago, they used to go every year. It used to be on the Tonawanda side back then.*

*Garden Walks are back, I love new ideas to be found there. I wish I had more time to try some of them out!*

*I guess my point is that we are so good at rolling with the punches that sometimes it is good to look back and see how far we have come in such a short time.*

*Well here's to all the new stuff to be discovered in the next few years and all the fun in figuring out how to use them!*

*See you next month...*



*Pam*

## President's Corner

Karl Bauer's column will return next month. Please keep Karl in your prayers as he is going through a difficult time with the additional worry about Twin Cities Meals on Wheels.

Karl puts all his efforts into seeing that TCMOW continues, even though the challenges are great. Keep your eyes open for more volunteers.

Pam Hill, Coordinator  
Barbara Tucker, Newsletter Editor  
Dean Hutter, Co-Editor

### Board of Directors

Karl Bauer - President  
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Curt Gaume, Treasurer

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## August Doings

\* **August 6 & 7** — Thunder on the Niagara at Gratwick Park, a display of thrilling speed and thunderous cacophony of sound, unique to the area.

\* **August 6** — 11 a.m. to 5 p.m. Seventh Annual Oliver Street Art Festival will take place on Oliver Street between Robinson and Schenck streets, featuring more than 80 artist vendors, food and live music. The Festival highlights the talents of local artists and musicians along with live music, food vendors and a free beer tasting from Flying Bison Brewing.

\* **August 6** — Annual Art Fest Flea Market & Concert at The Old Chapel Antique & Artisan Market, 172 Robinson St. Live music by the Samuel Tambe Band on the front steps. Doors open at 10 a.m. with an outdoor flea market to 3 p.m.. Stop inside for storewide sales from more than 160 local Artisans and vendors.

\* **August 7** — American Legion Band concert 7 p.m., Niawanda Park Bandshell, Tonawanda.

\* **August 20** — Third annual City of Tonawanda Historical Home Tour, noon to 4 p.m. Six homes as well as one historical business are on the self guided tour. Learn about the city's history and architecture. Tickets are \$20 each. Call Samantha Muscato @ 716-603-8605.

\* **August 26** — Movie Night on the Niagara at the Niawanda Park Bandshell for an outdoor showing of Disney's "Encanto." Family activities start at 6:30 p.m. and the movie will start around 8:15 p.m. or dusk.

\* **August 27 & 28** — Fall Harvest Sip & Shop Extravaganza with 80 local artisans, a gift card tree where everyone's a winner along with other events and live music. \$5 admission benefits the Chamber of Commerce of the Tonawandas. 9 a.m. to 6 p.m. Aug. 27 and 9 a.m. to 5 p.m. Aug. 28 at K of C, Erie Ave., North Tonawanda.

\* **August 29** — Tonawandas' Gateway Harbor presents its Final Classic Rock Concert of the Year! At 6 p.m., "Anatara" will be on stage followed at 8 p.m. by "Hit N Run."



- Jeanette Calari 20
- Colleen Corrigan 16
- Carol North 16
- Catherine Vance 19

*These years of service show a commitment to Twin Cities Meals on Wheels by our wonderful and faithful volunteers. If you know someone who is looking to help the community and has a little time to spare, suggest he or she (or both) stop by TCMOW for a tour. Thanks to all for your years of service and great volunteer work for our Meals on Wheels. Congratulations for your continuing energy and devotion to helping others!*

Each month the names and date are listed for volunteers and staff who are celebrating a birthday during the month.

- Aug. 10 — Linda Sinsabaugh
- Aug. 12 — Letty Hollister
- Aug. 19 — Diane Kandefer
- Aug. 19 — Pam Psik
- Aug. 21 — Renee Lorenz
- Aug. 24 — John Newman
- Aug. 28 — Alan Mazzuchelli
- Aug. 28 — Deborah Bennett



*Happy Birthday! Enjoy the Day!*

**August is named after the very first Roman emperor Augustus Caesar (and grandnephew of Julius Caesar)**

- Admit You're Happy Month
- Family Fun Month
- Dog Days of Summer - July 3 - August 11
- National Catfish Month (*Sound good?*)
- National Eye Exam Month
- National Golf Month (*Hole in One*)
- National Picnic Month
- Peach Month (*Yummy*)
- Romance Awareness Month
- Water Quality Month

**Days to Remember**

- Aug 5 — *Work Like a Dog Day*
- Aug 7 — *Sisters' Day*
- Aug 9 — *Book Lovers Day*
- Aug 10 — *Lazy Day*
- Aug 13 — *Left-Handers Day*
- Aug 16 — *Tell a Joke Day*
- Aug 20 — *Chocolate Pecan Pie Day*
- Aug 25 — *Kiss and Make up Day*
- Aug 26 — *Dog Appreciation Day*
- Aug. 28 — *Bow Tie Day*
- Aug 31 — *Eat Outside Day*



*There's always room for news from YOU, our volunteers.*

**TCMOW has a remarkable number of volunteers whose lives are full of fun and activities. So it's hard to believe that none of the you have any news to share.**

**Surely, there are birthdays, vacations, new grandchildren or their stories and activities, your dog's newly learned trick, your lawn mower that quit in the middle of the yard or you need prayers for yourself or someone you**

**know!**

**Don't forget to send information on activities in town or at your church or another organization. We're happy to post any event.**

**Any news tips that you'd like to share, may be emailed to Barbara Tucker, wgtbt@aol.com or drop the news off to Pam at the TCMOW office.**

# Share a Laugh



## Truer Words Were Never Spoken

As I watch this generation try to rewrite history, one thing I'm sure of .... it will be misspelled and have no punctuation.

.....

I found that I have been happier since I changed from coffee in the mornings to orange juice. My doctor explained that it's the vitamin C and natural sugars but I really think it's the vodka.

.....

I really don't mind getting older, but my body is taking it badly.

.....

I went line dancing last night.

Well, it was a roadside sobriety test.

*A paraprosdokian (no idea how to pronounce it - but it is a real word) is a sentence with an unexpected ending. It typically puts the first part of the sentence in a new and humorous context.*

§ Will glass coffins be a success?

Remains to be seen.

§ What's the difference between a hippo and a zippo?

One is really heavy and the other is a little lighter.

§ I tried to sue the airline for losing my luggage. I lost my case.

§ Which country's capital has the fastest-growing population?

Ireland. Every day it's Dublin

§ I saw an ad for burial plots, and I thought: "That's the last thing I need!"

§ Need an ark? I Noah guy.

§ You're not completely useless, you can always serve as a bad example.

§ And the Lord said unto John, "Come forth and you will receive eternal life."

But John came fifth, and he got hell.

"**Lemon Pickers Needed**", read the ad in the newspaper. Ms. Sally Mulligan of Coral Springs, Florida, read it and decided to apply for one of the jobs that most Americans are not willing to do.

She submitted her application for a job in a Florida lemon grove but seemed far too qualified for the job. She has a liberal arts degree from the University of Michigan, and a master's degree from Michigan State University. For a number of years, she had worked as a social worker and as a school teacher.

The foreman studied her application, frowned, and said, "I see that you are well educated, and have an impressive resume. However, I have to ask you, have you had any actual experience in picking lemons?"

"Well, as a matter of fact, I have," she said. "I've been divorced three times, owned two Chryslers, voted twice for Obama, once for Hillary, and most recently for Biden."

She started work yesterday.

*This story brought tears to my eyes*

.....

Why do the Alphabet song and Twinkle, Twinkle Little Star have the same tune? Why did you just try singing the two songs ?

How did the man who made the first clock know what time it was?



**YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone (     ) \_\_\_\_\_

E-mail \_\_\_\_\_

Amount enclosed \_\_\_\_\_

**Return this slip and your check made out to Twin Cities Meals on Wheels to:  
TCMOW, 100 Ridge Road, North Tonawanda, NY 14120 or donate online at [www.tcmow.com](http://www.tcmow.com)**