

October 2023

TCMOW Raffle Ends Soon, Get Your Tickets Now!



Last month, our top story was the wonderful raffle of the unique wood products made by TCMOW’s volunteer Bill Bacon.

The raffle is still on, but ticket sales could use a boost! Final day of the raffle will be Oct.. 2 with four chances to win one of the one-of-a-kind items, each of which includes a jar of his special Board Butter to help care for the wood along with care instructions.

Bill also makes smaller cutting boards and other items perfect for Christmas gift giving.

Bill’s Bacon Board Company is something to be proud of and all those who work with, or know, Bill can jump on board for this fundraiser for TCMOW.

Tickets are \$5 (don’t forget that one ticket gives you four chances to win) are available in the office.

Thanks to Bill for his generous donation of these handcrafted, unique wood products.

If you see Bill, be sure to thank him for his generosity and commitment to Twin Cities Meals on Wheels.



ADOPT-A-DAY PROGRAM

The **Adopt-A-Day** project, a continuing effort to find new ways to attract the community to Twin Cities Meals on Wheels while also bringing in donations, has slowed down as fall approaches.



The idea of Adopt-a-Day is to honor someone, perhaps a parent, sibling, friend on a special day by scheduling a dessert of your choice on that day. Clients receive the yummy dessert along with a note saying who it honors.

Many have already generously shared the joy of a special day with clients of Twin Cities Meals on Wheels. The cost for the “adop-



tion” is \$99.

In return for the “adoption,” the host receives:

- *Recognition in the monthly Adopt-A-Day on our Website
- *Thank you on our Facebook page and in our Newsletters
- * Knowledge that clients receive a special treat, thanks to you.

Our most recent “Adoption” was in memory of Marie, a relative of Patricia Hibbert, a kitchen worker on Tuesday. Both Pat and Kathy (another Tuesday girl) chipped in memory of Marie. The clients enjoyed vanilla cake on August 9.

To sign up or for information, email Carol Butch at c.butchette@gmail.com

Pam's Corner

Well another month has gone by,

I can not believe it is October already. I think it is kind of a metaphor for life, I can't believe that I am 70 years old. Where did the time go? I guess I'm just feeling melancholy because it is October, and as most of you know I usually decorate a lot for Halloween. Like over the top decorations. Outside on the lawn and in the garage.

Well I made the decision last year not to do it again this year because it was too much with everything else going on. Now that it is here I have to convince myself almost daily that I made the right decision. I see orange and get excited, spiders, witches, and ghouls, wow!

But really we all have to slow down sometime in our life and I must be approaching the Fall season. I like the finished product but don't want to go through the work to get there.

So while I may put a few pumpkins out, it will probably be quiet at my house. And I can't believe I just said probably!

Well see you next month when I can start complaining about the weather...

— Pam

Good News from A Supplier

Pam Hill talked to Dan from Battistoni Meats recently. Dan offered a unique and wonderful proposal and not the first time he has helped out TCMOW.

Details have to be worked out, however, we will be receiving about 10 cents from the sale of each Pepperoni stick that the company sells throughout the six month period. We are not required to sell or buy anything.

The only thing the company would like is for some of us to attend a press conference announcing their donation. They also wish to put some kind of logo on the wrapper showing that donation going to Meals on Wheels.

The company funds would be divided equally among all the Meals On Wheels in the area.

"It looks like a win-win for all of us. Very little work no matter how much we make," Pam said.

There will be more news when the plan is in place, so stand by.

How To Order Meals on Wheels

If you know someone who would like to order Meals on Wheels either for themselves or a friend or loved one, the process is easy.

Call the TCMOW office, 716-693-1663 and Pam will sign you up, provide the cost and the various programs offered or mail you the information.



Pam Hill, Coordinator

Board of Directors

James Burke - President
Denise Sawatzky - Vice President

Rick Henderson, Secretary
Curt Gaume, Treasurer

Board Members

Karl Bauer, Eileen Britton, Carol Butch, John Grobe, Robert Pecoraro,
Rae Proefrock, Gary Rockenbrock, Joyce Santiago, Barbara Tucker

Phone: 716-693-1663 Fax: 716-693-1663 Email: info@tcmow.com Website: www.tcmow.com



EVENTS!

- **Oct. 1:** Grand opening of You Grow Girl, an indoor plant shop, takes place at its location, 78 Webster St., NT. Enjoy the beauty of greenery. For more information and store hours, call (716) 299-8174.
- **Oct. 7:** 10 a.m. to 4 p.m. Vietnam Veterans of America, Chapter 77 will host a basket raffle and craft show with beautiful and unique handmade items and raffles at Sikora Post, 950 Payne Ave., NT. Baked goods and pizza available to purchase.
- **Oct. 12-22:** Ghostlight Theater, 170 Schenck St., presents Night of the Living Dead. Come join the house of Zombies as the theater recreates one of the great horror classics on stage. Be careful where you sit you might encounter a ghoul or two. General seating is \$18, no reserved seats. Call 716-743-1614.
- **Oct. 14:** Meat raffle, 6 p.m. at the Knights of Columbus, 755 Erie Ave., NT. Tickets \$12 at door, includes beer or pop. 50/50, basket raffles and large prize raffles. Call 716-692-2038.
- **Oct. 15:** 10 a.m. to 3 p.m., a Halloween Spooktacular will be hosted at the Herschell Carrousel Factory, 180 Thompson St., NT with crafts, trick or treating and amusement rides. Take the kiddies and grandkiddies for some Halloween fun.
- **Oct. 21:** Haunted Harbor, 6 to 8 p.m. at Tonawanda's Gateway Harbor. This family friendly affair features plenty of trick-or-treat stations, a haunted bridge (for the older kids), and plenty of games and activities to kick off the Halloween season. Dress in your costume and be prepared for a spooky good time!
- **Oct. 30:** 6 to 7 p.m. NT Reading Invasion. All welcome to bring a favorite book, newspaper, magazine or other preferred piece of literature, and gather with like-minded individuals just to READ!! All you need is something to read and a comfy chair. Different "Lovely Spot" each month. Location to be determined.



Pat Hibbert	21	John Cahill	8
Linda Raynor	21	Cheryl Bombard	2
Kaye Brenon	17	Sue Cahill	2
Carol Connors	17	Marv Hill	2
Carol Kopczynski	17	Scott M. Werth	1
Lynn Lang	17	<i>Congratulations for your continuing and amazing energy as well as your devotion to helping others!</i>	
Marilyn O'Rourke	17		
Carol Woodcock	12		
Julie Czerwinski	9		



Curt Gaume	Oct. 2
Debbie Balling	Oct. 5
Karen Kudla	Oct. 5
Gail Wildt	Oct. 5
John Cahill	Oct. 12
Denise Sawatzky	Oct. 16
Kathy Ceckowski	Oct. 26
Sue Clark	Oct. 26
Dan Muldoon	Oct. 27
Lynne Lang	Oct. 29
Mary Moll	Oct. 30

Each month the names and birthday date are listed for volunteers and staff who are celebrating their birthdays during the month.

Happy Birthday



Twin Cities Meals on Wheels Needs Volunteers!



Help Us Out — Call Pam at 716-693-1663

Do you have 2 or 3 hours to spare mornings each week and would you like a chance to meet new friends? Volunteering is a great way to make a huge impact in a short amount of time. Whether in the kitchen or delivering meals, you help bring nutritious food and a friendly visit to 8 to 10 seniors and people with disabilities in the Twin Cities.

If you know a friend, relative or neighbor, perhaps someone recently retired and looking for something to do, encourage them to call Pam Hill at 716-693-1663 and become a volunteer.

For information, click on the link: <http://www.tcmow.com>

You can join TCMOW's remarkable number of super involved volunteers whose lives are full of fun and activities.

Do you have any news tips that you'd like to share?

If so, email your story to Barbara Tucker, wgtbt@aol.com or drop off the news to Pam at the TCMOW office.

We'd love to hear from you!

NT Farmers' Market Named No. 1

By now, you probably heard that the City Farmers' Market has been named the Best in the U.S. and we should all be proud of that.

Most of us and our parents have shopped at "The Market", met friends, enjoyed talking to the farmers who bring their best products for us to enjoy.

On Sept. 30, a Customer Appreciation Day included music, food and fun. Congratulations to the farmers who made this happen and to those who voted.

Last minute News additions

• Come if you dare but Beware! Oct. 13 to 15, 10 a.m. to 5 p.m. Free admission. The North Tonawanda Haunted Market, 700 East Robinson St., will feature over 50 Spooky Vendors selling a mix of Fall & Halloween Gifts, Decor, Sweets and Oddities.

• **If you have books** that you've read and would like to donate, the Buffalo Branch of the AAUW is accepting books for its annual scholarship book sale, also collecting DVDs, CDs, puzzles and games. For information, call 716-812-4008.



Braggin' Bucks

It seems strange that TCMOW has more than 100 super involved volunteers whose lives are full of fun, kids and grandkids to say nothing of other activities.

And yet, no one has a snippet of news about family, trips, meat raffle or Casino wins!

Surely, there are birthdays, vacations, new grandchildren or their stories and activities, your dog's newly learned trick, or you need prayers for yourself or someone you know!

Don't forget to send information on activities in town or at your church or another organization. We're happy to post any event.

Any news tips that you'd like to share, may be emailed to Barbara Tucker, wgtbt@aol.com or drop the news off to Pam at the TCMOW office.

Waiting to hear from YOU!

Share a Laugh



An amazing 2-letter English word

There is a two-letter word in English has more meanings than any other two-letter word, and that word is 'UP.' It is listed in the dictionary as an [adv.], [prep.], [adj.], [n] or [v].

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP?

At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for election and why is it UP to the secretary to write UP a report? We call UP our friends, brighten UP a room, polish UP the silver, warm UP the leftovers and clean UP the kitchen. We lock UP the house and fix UP the old car.

At other times, this little word has a real special meaning.

People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses. To be dressed is one thing but to be dressed UP is special.

And this UP is confusing: A drain must be opened UP because it is stopped UP.

We open UP a store in the morning, but we close it UP at night. We seem to be pretty mixed UP about UP!

To be knowledgeable about the proper uses of UP, look UP the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about thirty definitions.

If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more.

When it threatens to rain, we say it is clouding UP. When the sun comes out, we say it is clearing UP. When it rains, the earth soaks it UP. When it does not rain for a while, things dry UP. One could go on and on, but I'll wrap it up, for now . . . my time is UP!

Oh . . . one more thing: What is the first thing you do in the morning and the last thing you do at night?

U P

Did that one crack you UP?

Don't mess UP. Send this on to everyone you look UP in your address book. . . . it's UP to you.

ssI guess we used UP enough space.....

Please join me in remembering a great icon of the entertainment community, the Pillsbury Doughboy who died yesterday of a yeast infection and trauma complications from repeated pokes in the belly. He was 71. Doughboy was buried in a lightly greased coffin. Dozens of celebrities turned out to pay their respects, including Mrs. Butterworth, the California Raisins, Betty Crocker, the Hostess Twinkies, and Captain Crunch.

The grave site was piled high with flours. Aunt Jemima delivered the eulogy and lovingly described the Doughboy as a man who never knew how much he was kneaded. Doughboy rose quickly in show business, but his later life was filled with turnovers. He was not considered a very smart cookie, wasting much of his dough on half-baked schemes. Despite being a little flaky at times he still was a crusty old man and was considered a positive roll model for millions.

Doughboy is survived by his wife Play Dough, two children John Dough and Jane Dough plus they had one in the oven. He is survived by his elderly father, Pop Tart.

The funeral was held at 3:50 for about 20 minutes.

.....

I Can Hear Just Fine

Three retirees, each with a hearing loss, were playing golf one fine March day. One remarked to the other, "Windy, isn't it?"

"No," the second man replied, "it's Thursday."

And the third man chimed in "So am I. Let's have a drink."

.....

"Lexophile" describes those that have a love for words, such as "you can tune a piano, but you can't tuna fish".

- I changed my iPod's name to Titanic. It's syncing now.
- England has no kidney bank, but it does have a Liverpool.
- Haunted French pancakes give me the crepes.
- This girl today said she recognized me from the Vegetarians Club, but I'd swear I've never met herbivore.
- I know a guy who's addicted to drinking brake fluid, but he says he can stop any time.
- When the smog lifts in Los Angeles U.C.L.A.

YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift.

Name _____

Address _____

City, State, Zip _____

Phone () _____

E-mail _____

Amount enclosed _____

**Return this slip and your check made out to Twin Cities Meals on Wheels to:
TCMOW, 100 Ridge Road, North Tonawanda, NY 14120 or donate online at www.tcmow.com**