

May 2023

## Tremendous Garage Sale, Tour, Hot Dog Sale Ready for You



If you like garage, rummage and estate sales, or if you just like looking around to see what's on sale, or seeking a bargain or maybe just for fun, then the **50th anniversary June Jordan Memorial Garage Sale** is for you!

Hosted by Twin Cities Meals on Wheels, the mega event that features tours and a hot dog sale will take place from 9 a.m. to 3 p.m. on Saturday, May 20 at the TCMOW site, 100 Ridge St.,

North Tonawanda.

So many wonderful, useful, antique and unusual items have already been donated, the event is a sure-fire place to be.

A lovely, antique two-tiered table is sure to be a best seller along with lovely lamps, quilts and puzzles are among the items sure to catch your eye.

And if these items aren't tantalizing enough, enjoy a hot dog grilled on site and take home some extraordinary baked goods — homemade, delicious treats for the whole family (or just for you in case you decide not to share.)

Although many of the volunteers have signed up to help, **if you are interested in volunteering sign up at the Main Office or call the TCMOW office at 716-693-1663.**

These volunteers at TCMOW are full of fun and enthusiasm and enjoy meeting new people or, more probably, you already know some from NTHS or THS or your neighborhood.



*Eileen Britton, Anita Zebulsk and Carol Butch show off just a few items already donated. Check out the two-tiered table and the classy wig!*

## Market in the Square: A Good Friend Indeed

It takes a good friend to enjoy success both in life and, in the case of Twin Cities Meals on Wheels, to have a successful fundraiser.

Twin Cities Meals on Wheels found such a friend in Julie Paluchowski, store manager at Market in the Square in North Tonawanda. Julie enthusiastically agreed to have the store cashiers put TCMOW brochures in shoppers' bags and ask customers if they would like to "round up" their bill for TCMOW.

The drive netted \$2,193, a record, according to Julie.

"I think the total was so high because the organization is local and is supporting people in the community," Julie said. "In fact, I recently signed up a family member."

In addition Julie said people in the Twin Cities know each other and support an organization that they realize is a great service to their communities.

Curt Gaume, treasurer for TCMOW, agreed that people like to give to local organizations.

"We are amazed at not only by the amount, but that the store agreed so readily to the fundraiser," Curt said. "The money will be used for food and other items that will help keep prices doable so more people will enjoy good nutrition and a visit from one of our servers."

"As store manager," Julie added, "I need to give the community what they want. We're known for helping others, and besides, it's lots of fun."

Jim Burke, president of the TCMOW board, thanked Julie and her staff for such great support.

"We all need friends like these in our lives," he said.



**GOOD NEIGHBORS:** Getting together at Market in the Square following a successful fundraiser at the store are, from left, Jim Burke and Curt Gaume from Twin Cities Meals on Wheels, Yrma Brodfuehrer, cashier, and Julie Paluchowski, store manager.

## Pam's Corner



### Around Town

There is so much going on now days at Meals — it's hard to believe!  
We are going forward with several types of fundraising and capital projects.  
So keep your eyes open to see new stuff going on. It's kind of like everything is finally waking up after the Covid epidemic. Everyone is ready to be back to normal I guess.

Speaking of which we have been informed that Canal Fest is back on again. Connie in the kitchen was doing the happy dance- she wants to do the parade again. Me, I'm not that enthused about it, I must be getting old!

Don't forget to save the date for the June Jordan Memorial Garage Sale! It will be here at the building on May 20th.

We have lots of good stuff that has been donated and we will have hot dogs and pop for sale, too.

Please pray for sun that day as so far this has been a rotten spring. This is a celebration of our 50 years in business, so I hope to see everyone there.

See you next month, at the garage sale and during the week.

I am so blessed to be able to see you all so often!

And again THANK YOU FOR ALL YOU DO!.....*Pam*

• **May 6:** A craft and vendor show from 9 a.m. to 2 p.m. at Bishop Gibbons, 1110 Payne Ave., North Tonawanda. Use the main entrance off 19th Avenue.

• **May 10:** Defensive Driving Classes at the North Tonawanda Public Library on Meadow Drive. 1 to 4 p.m. May 9 and 11. You have to attend both sessions. If you would like sign-up, register at the Information Desk at the NT Library. The class fee is \$25. This class is open to the public.

• **May 10:** From 4 to 6 p.m. Hands-on Computer Class, Open Access at the North Tonawanda Library. Bring your laptop, Iphone, Ebook Reader for one on one help.

• **May 13:** A Volunteer Orientation Day from noon to 1:30 p.m. will help you get involved and support the many activities at the Carnegie Art Center on Goundry Street in North Tonawanda (If you are "older" you will remember the old Library.) Learn more about the Carnegie Art Center and how to help at its upcoming events like the Live on the Lawn series, beer and wine tasting event, Gallery programming and upcoming arts focused festivals. Complimentary beverages from Buffalo Coffee Cart will be provided courtesy of the North Tonawanda Garden Walk. Service hours are available for all volunteers.

• **May 12:** From 10 to 11:30 a.m., a plant workshop for kids at the North Tonawanda City Market. Kids will plant a one-of-a-kind gift for mom. Each child will receive free flowers, soil and a pot.

• **May 14:** Mother's Day. Don't forget to do something extra special for mom and grandma.

• **May 21:** COT Neighbors United Annual Plant Swap Sunday, 11 a.m. - 12:15 p.m. Join this fantastic group of volunteers for their third Annual Plant Swap, all are welcome! Bring your indoor plants, bring your outdoor plants to Elmwood Park, City of Tonawanda. We want to swap them all!

## An Exquisite Gift

Joan Rockenbrock, an exceptionally talented quilter, made this wonderful, colorful, perfectly designed quilt and donated it to TCCO for the recent raffle by the Twin Cities Quilters Guild for its bi-annual quilt show at the Wheatfield Community Center.

Tickets for this piece of art went quickly with ticket holders commenting on how they hoped they would win it.

So a week ago, at a the quilt show, the raffle took place. To the surprise of all, and in particular to Joan, she had purchased the winning ticket! The final amount raised will be released in a few more days and will be in next month's newsletter.

**Thanks and congratulations, Joan.**



Pam Hill, Coordinator

### Board of Directors

James Burke - President  
Denise Sawatsky - Vice President

Rick Henderson, Secretary  
Curt Gaume, Treasurer

### Board Members

Karl Bauer, Eileen Britton, Carol Butch, John Grobe, Robert Pecoraro,  
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Sue Clark	11
Renee Lorenz	8
Gerald Hodgson	7
Letty Hollister	6
Trish Petock	2

*These years of service show a commitment to Twin Cities Meals on Wheels by our wonderful and faithful volunteers.*

*Congratulations for your continuing and amazing energy as well as your devotion to helping others!*

### Fun Facts for May

*The Birthstone(s) for May is the Emerald which is a symbol of rebirth and is believed to grant the owner foresight, good fortune, and youth.*

- 5/4 National Orange Juice Day
- 5/6 International No Diet Day
- 5/9 National Lost Sock Memorial Day
- 5/11 National Eat What You Want Day
- 5/14 Mother's Day: Remember Mom!
- 5/16 Do Something Good for Your Neighbor Day
- 5/20 Preakness Stakes
- 5/21 National Talk Like Yoda Day
- 5/24 National Vanilla Pudding Day
- 5/26 Paper Airplane Day
- 5/28 Indianapolis 500
- 5/29 Memorial Day - Fly the flag, thank a veteran, pray for peace.
- 5/31 National Flip Flop Day



**TCMOW has a remarkable number of super involved volunteers whose lives are full of fun and activities. We're waiting to hear.**

**Surely, there are birthdays, vacations, new grandchildren their stories activities, your dog's newly learned trick, your snow blower that quit in the middle of the driveway or you need prayers for yourself or someone you know!**

**Any news tips that you'd like to share, may be emailed to Barbara Tucker, wgtbt@aol.com or drop the news off to Pam at the TCMOW office.**



Gerald Hodgson	05/07	<i>Each month the names and birthday date are listed for volunteers and staff who are celebrating their birthdays during the month.</i>
Karl Heilemann	05/16	
Karl Bauer	05/17	
Cindy Simon	05/19	
Dave Schultz	05/23	<i>Wish them a Happy Birthday (or sing a little song!)</i>
John Gabryzcski	05/25	

### More Places to Go, Things to Do

• **May 19, 20:** For Armed Forces Day, the Pendleton Veterans Assn. will have a 100% Made in America United States and Military Flag Sale at the Veterans Monument, 6570 Campbell Blvd., Pendleton Town Hall. The 3'x 5' nylon flag is \$26. Sale is from noon to 5 p.m. Friday and 9 a.m. to 5 p.m. Saturday. Proceeds are for the Veteran Cemetery, Pendleton Food Pantry and the scholarship program. Bring any worn or torn U.S. flags for proper disposal.



**May 29: Memorial Day.**

**Put out your flag, go to a parade, show your patriotism.**

**Visit a veterans cemetery.**

◦ **May 23:** Free nutrition Class, 5:30 to 6:30 p.m. at the North Tonawanda Public Library. Learn to make healthy choices! Space is limited. Register at the information desk or call 716-693-4132, ext. 4. Sponsored by SNAP and the Niagara County Cornell Cooperative Extension.

• **May:** Bocce Club starts up in May (official start date TBA) at the Bocce Courts at Clinton Park, Tonawanda (weather permitting). If you would like to join, call Jim Conners at 716.694.4038.

• **May 6:** 10:30 a.m.-noon. Jane Jacobs Walk is a series of free neighborhood walking, biking, and transit tours that help put people in touch with their environment and with the people who live in their community. Join the North Tonawanda Historic Preservation Commission for a guided walk throughout the Sweeney Estate National Register District with stops in front of significant homes and buildings. Meet at the Carnegie Art Center, 240 Goundry St. Free.

# Share a Laugh



## WERE YOU HOME SCHOOLED

1. My mother taught me TO APPRECIATE A JOB WELL DONE. "If you're going to kill each other, do it outside. I just finished cleaning."
2. My mother taught me RELIGION "You better pray that will come out of the carpet."
3. My father taught me about TIME TRAVEL. "If you don't straighten up, I'm going to knock you into the middle of next week!"
4. My father taught me LOGIC. "Because I said so, that's why."
5. My mother taught me MORE LOGIC. "If you fall out of that swing and break your neck, you're not going to the store with me."
6. My mother taught me FORESIGFIT. "Make sure you wear clean underwear, in case you're in an accident."
7. My father taught me IRONY. "Keep crying and I'll give you something to cry about."
8. My mother taught me about the science of OSMOSIS. "Shut your mouth and eat your supper."
9. My mother taught me about CONTORTIONISM. "Will you look at that dirt on the back of your neck?"
10. My mother taught me about STAMINA. "You'll sit there until all that spinach is gone."
11. My mother taught me about WEATHER. "This room of yours looks as if a tornado went through it."
12. My mother taught me about HYPOCRISY. "If I told you once, I've told you a million times. Don't exaggerate!"
13. My father taught me the CIRCLE OF LIFE. "I brought you into this world, and I can take you out."
14. My mother taught me about ENVY. "There are millions of less fortunate children in this world who don't have wonderful parents like you do."
15. My mother taught me about ANTICIPATION. "Just wait until we get home."
16. My mother taught me about RECEIVING. "You are going to get it from your father when you get home!"
17. My father taught me HUMOR. "When that lawn mower cuts off your toes, don't come running to me."
18. My mother taught me GENETICS. "You're just like your father."
19. My father taught me about JUSTICE: "One day you'll have kids, and I hope they turn out just like you!"

## Some Weird Thoughts

There are two kinds of pedestrians: the quick and the dead.

Life is sexually transmitted.

Health is merely the slowest possible rate at which one can die.

The only difference between a rut and a grave is the depth.

How is it one careless match can start a forest fire, but it takes a whole box to start a campfire?

If lawyers are disbarred and clergymen defrocked, doesn't it follow that electricians can be delighted, musicians denoted, cowboys deranged, models deposed, tree surgeons debarked, and dry cleaners depressed?

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**Mother's Day.** Two children ordered their mother to stay in bed one Mother's Day morning. As she lay there looking forward to breakfast in bed, the smell of bacon floated up from the kitchen. But after a good long wait she finally went downstairs to investigate. She found them both sitting at the table eating bacon and eggs. "As a surprise for Mother's Day," one explained, "we decided to cook our own breakfast."

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After a prolonged drought when the rain came, all the animals in the forest were happy except the Kangaroo. When the others asked her what the reason was for such sadness, the Kangaroo revealed that the rain meant that all its kids would now be playing inside.

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I was in my garden when I got the news that my father had fallen from a 20 feet ladder and was in the hospital. I rushed to the hospital expecting that my father had some major fractures, but he was allright except for some minor cuts. When I told him that it was a miracle, he disagreed and told me, "Son, I had just fallen from the first step of the ladder."

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Britain's oldest woman turned 114 today. When asked the secret of her longevity, she attributed it to taking a walk at midnight every night. When quizzed on whether she was concerned about the increase in muggings in recent years, she said that she was not, and would continue mugging people as long as her health holds out.

**YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift.**

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Phone (     ) \_\_\_\_\_

E-mail \_\_\_\_\_

Amount enclosed \_\_\_\_\_

*Return this slip and your check made out to Twin Cities Meals on Wheels to:  
TCMOW, 100 Ridge Road, North Tonawanda, NY 14120 or donate online at [www.tcmow.com](http://www.tcmow.com)*