

July 2023

A Stunning Evening at the Elks: One to Remember

Twin Cities Meals on Wheels volunteers and guests, 110 in all, were warmly welcomed at the extraordinary TCMOW Volunteer Appreciation dinner, hosted by the Elks Lodge 860 in Tonawanda on June 20.

Bill Miles, Exalted Ruler of the Twin Cities Elks Lodge 860, a friend and believer in what TCMOW accomplishes, made sure everything was in order not only to host the dinner but to help promote it. Members of the Elks made everyone feel at home and served a delicious dinner and dessert.

Jim Burke, president of the board read proclamations from State Senator Robert Ort and presented by Andrew Dugan, the Senator's district director, and one from Assemblyman William Conrad recognizing our volunteers and our 50th anniversary.

Debbie Jaeger, an Elks member, presented \$2,121, proceeds from a recent benefit concert for TCMOW.

"The event was a way of showing our theme, 'Elks Care, Elks Share'," Debbie said.

In March TCMOW received a donation to cover our operating expenses.

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Bill Miles and Pam Hill show off the certificates from Senator Ort and Assemblyman Conrad that proclaimed our 50th year. Andrew Dugan, representing Senator Ort and Jim Burke joined in the celebration. Above left, Jim Burke praises the Elks and presents awards. At right, part of the crowd.



New Compressors: Worth the Long Wait

Twin Cities Meals on Wheels continued to celebrate its 50th year with a "cool" donation.

Funding for two new compressors for the freezer and cooler that were installed on June 14 was made possible through a grant from the 214 Foundation, Inc., thanks to the hard work and determination of board vice president Denise Sawatzky.

The compressors were purchased and installed by Singer Kittredge Restaurant Supply Co. of Tonawanda.

Jim Burke, chairman of the TCMOW board and his grandson, Andrew, along with other volunteers started the project by moving items in the refrigerator and freezer and cleaning off the top of the old compressors.

"While cleaning off the dust, we found installation instructions that dated back to 1990 proving that the compressors were long overdue for replacement," Jim said. The compressors will serve both the freezer and cooler.

"Thanks to Foundation 214, Inc., a family funded Foundation for donating the money for the compressors," Pam Hill coordinator, said.

"Foundation 214 is engaged in serving veterans of the U.S. Military, children and elderly in healthcare and education within the eight counties of Western New York," Debbie Sawatzky, said. "We are very grateful for their help with this needed project."

In the photo, Pam Hill (who is happier than anyone to see the new compressors) checks them out along with Mario Fonzi, from Singer Kittredge who completed the installation work.

For information on TCMOW, call the office at 716-693-1663.



Pam's Corner

Well I hope everyone had a good time at the wonderful event put on for us by the ELKS Club.

As with any event there were a few mistakes and a lot of good times. I never get to see most of you outside of MOW, wow do some of you look different. The Monday guys were in suits (of course they are board members)! And the kitchen ladies don't all have the same white bouffant hair styles that I see in the kitchen everyday. As a group we all look great, and I for one am proud to call you all friends.

I do wish to apologize to Kay Vance who also turned 90 on June 20. When I checked the records her birth year was entered as 2023 not 1923, so if my apology is not good enough the idea that we had her listed as 1 year old might be enough. So if you happen to see Kay please wish her a very HAPPY BIRTHDAY a few days late.

We are having an event on the 4th of July at Old Man River's with live music before the fireworks on the river. They are giving us the proceeds for the night. So if you get a chance stop on by as they have always been a regular supporter of Twin Cities Meals on Wheels. I do like to go there on occasion- good food and nice place to sit in the summer usually when walking with Brie.

And before I forget- thank you to everyone at MOW for the gift at the ELKS dinner! As some of you know I collect and build dollhouse furniture, so the set of china for the dining table I just built was wonderful. There was also some things for the bathroom including two tiny bars of soap, a tea set and some great wall mirrors. Now I will have to get busy and make a tablecloth for that china to sit on!

So until next month.....Pam

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The ELKS also paid for a printing project for the flyers we gave out at the Market-in-the Square Round-Up project.

"This is a partnership and we'd like to help support all the time. We are honoring your volunteers for all they do," Bill said.

After the dinner, presentations were made to volunteers for their years of service.

First person honored was volunteer Ruth Hodgson who was presented a certificate and flowers noting her 90th birthday,

— accompanied by a rousing chorus of "Happy Birthday."

Service awards were then presented to Ginny Brown for 44 years of service, Kay Vance 40 years, Sherry and Jim Davignon 38 years, Linda Wingrove and Anita Zebulske 29 years, and Bruce Blinston, 25 years.

A special tribute and gift were presented to Pam Hill, who has announced her plans to leave her post as coordinator. She will be missed and extraordinarily hard to replace.

TCCO Honors Four NTHS Seniors at Awards Night

Four North Tonawanda High School seniors were recently presented the Rev. Frank G. Wright service award from the Twin Cities Community Outreach (TCCO) at the awards evening at the high school.

Bryn S. Dewey, Paige I. Colegrove, Jack P. Orrange and Isaac J. Fesmire were each presented a monetary award and framed certificate.

The TCCO award is given in honor of the

late Rev. Wright, founder of the Twin Cities Community Outreach.

The award is presented to students who have served their school and community and who were chosen by a committee at the school.

The presentation was made by Bonnie Shaffer, TCCO director and daughter of the founder.



Around Town

July Fun Is Here!

• **July 4:** The annual Fireworks have been moved back to Niawanda Park this year. Army National Guard Band plays at 8 p.m. Come earlier and celebrate the Fourth at Old Man River on Niagara Street in Tonawanda. July 4th will be Twin Cities Meals on Wheels Day to help TCMOW. At 6 p.m., "Stealin" will perform.

• **July 5:** Stop by the North Tonawanda Public Library for a Senior Social from 10:30 to 11:30 a.m. At 11 a.m. the same day, Crescendo Barbershop Quartet will perform. Reservations required for both at 716-693-4132, ext. 4. These senior events are for residents of North Tonawanda, Pendleton or Wheatfield.

• **July 9:** 7 p.m. Buffalo Philharmonic Orchestra will perform at the Miller Bandshell in Niawanda Park. Grab a chair and enjoy the sounds of the BPO.

• **July 10:** If you are artist and would like to be part of a juried arts festival on Aug. 19 and 20, be aware that the final day for artists to register is July 10. Hosted by the Carnegie Art Center, the T-NT Carnegie Art Spree will span the downtown of both cities. Artists of all mediums and backgrounds are welcome.

July 10: Market Monday on Canal St. in Tonawanda from 4 to 7 p.m. offers an opportunity to get your in-season fruits and veggies, flowers, and so much more!

• **July 13:** City of Tonawanda Open House on Canal St., 5 to 8 p.m. featuring "Touch a Truck" from the city departments. Erie County Sheriffs will be there with their horses, along with Food Truck Thursday.

• **July 14, 15:** City of Tonawanda's Garden Walk. Friday Night Light 9 to 11 p.m. Saturday 10 a.m. to 4 p.m., a self guided tour. Maps available at City Hall or online.

• **July 16-23:** Canal Fest returns along the historic banks of the Erie Canal, in Tonawanda and North Tonawanda. Free nightly live music, parade, car & bike cruises, art and craft show and more.

Pam Hill, Coordinator

Board of Directors

James Burke - President
Denise Sawatzky - Vice President

Rick Henderson, Secretary
Curt Gaume, Treasurer

Board Members

Karl Bauer, Eileen Britton, Carol Butch, John Grobe, Robert Pecoraro,
Rae Proefrock, Gary Rockenbrock, Joyce Santiago, Barbara Tucker

Phone: 716-693-1663 Fax: 716-693-1663 Email: info@tcmow.com Website: www.tcmow.com



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These years of service show a commitment to Twin Cities Meals on Wheels by our wonderful and faithful volunteers. Congratulations for your continuing and amazing energy as well as your devotion to helping others!

If you know a friend, relative or neighbor, perhaps someone recently retired and looking for something to do, encourage them to call Pam Hill at 716-693-1663 and become a volunteer.

Twin Cities Meals on Wheels Needs Volunteers!

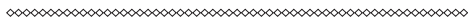


Help Us Out — Call Pam at 716-693-1663

Do you have 2 or 3 hours to spare mornings each week and would you like a chance to meet new friends? Volunteering is a great way to make a huge impact in a short amount of time. Whether in the kitchen or delivering meals, you help bring nutritious food and a friendly visit to 8 to 10 seniors and people with disabilities in the Twin Cities.

For information, click on the link: <http://www.tcmow.com>

You can join TCMOW’s remarkable number of super involved volunteers whose lives are full of fun and activities.



Thanks to Eileen Britton, a Friday volunteer, driver/server, Route 7 for sharing this happy note:

“I am proud to announce that my two granddaughters have graduated from their respective schools. Kirsten Lehnen, graduated from Clarkson University, Potsdam, NY with a Bachelor of Science degree in Civil Engineering. Erin Lehnen, graduated with high honors from Lakeshore Central High School, Angola, NY. Erin has been accepted to Northeastern University, Boston, MA and will major in Marine Biology.”

(WOW, Eileen, daughters to be proud of!)

Do you have any news tips that you’d like to share?

If so, email your story to Barbara Tucker, wgtbt@aol.com or drop the news off to Pam at the TCMOW office.

We’d love to hear from you!



Pam Hill	07/07	<i>Each month the names and birthday date are listed for volunteers and staff who are celebrating their birthdays during the month. Wish them a Happy Birthday (or sing a little song!)</i>
Bill Simon	07/07	
Sue Cahill	07/09	
Doug Caldwell	07/09	
Tim Greinert	07/16	
John Major	07/16	
Susan Wilke	07/21	
Ginny Brown	07/22	
Jane Dunning	07/24	
Patricia Barone	07/29	

More Places to Go, Things to Do

- **July 8:** Noon to 4 p.m., Payne Avenue Christian Church, 1459 Payne Ave., NT, will host a Chiavetta’s chicken BBQ dinner. Tickets are \$14 at the door.
- **July 9, 10:** North Tonawanda Garden Walk, 10 a.m. to 3 p.m. Saturday, July 8, and Sunday, July 9. A digital map is available and hand-held maps will be at the Carnegie Art Center, 260 Goundry St., North Tonawanda. Free and self-guided. Special features include water and shade gardens, sculptures and pollinator friendly sites.
- **July 22:** Auto Show, “Classics at the Carrousel” 11 a.m. to 3 p.m., all pre-’72 special interest cars at the Herschell Carrousel Factory Museum, 180 Thompson St., NT. Registration fee is \$20, includes museum admission and a carrousel ride along with a Goodie Bag for the first 100 visitors. Awards and raffle at 2 p.m. Food trucks, 50/50, basket raffle and music will add to the fun. To benefit the Herschell Carrousel Factory Museum.
- **Aug. 5:** Meat Raffle to support the Herschell Carrousel Factory Museum at Gratwick Hose, 110 Ward Road, NT. Doors open at 6 p.m., first spin, 7 p.m. \$20 per person. Tickets available at the Carrousel Museum or call 716-693-1885. Basket raffle, 5050 door prize featured.
- **A Defensive Driving Class** will take place Tuesday, Aug. 15 and Thursday, Aug. 17 from 1 to 4 p.m. (you must attend both days.) Cost is \$25. This class fills up fast, so register at the North Tonawanda Public Library’s information desk quickly, don’t delay.
- **August 16:** Even though August seems a ways off, the Friends of the NT Library will host a Summer Vendor Sale that day. However, applications are being taken now. To be a part of this fun event, a \$20 non-refundable donation is required to participate. Applications are due by July 27.

Share a Laugh



At a church garage sale, I noticed an elderly man looking over some empty margarine containers. I asked if I could help him.

"I am all alone and am frequently asked to dinner by widows," he explained. "After dinner, the widow often says, 'If I had something to put this in I would send it home with you.' I want to be prepared the next time one of them tells me that."

He bought six containers.

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Hospital regulations require a wheelchair for patients being discharged.

However, while working as a student nurse, I found one elderly gentleman already dressed and sitting on the bed with a suitcase at his feet, who insisted he didn't need my help to leave the hospital. After a chat about rules being rules, he reluctantly let me wheel him to the elevator.

On the way down I asked him if his wife was meeting him.

'I don't know,' he said.. 'She's still upstairs in the bathroom changing out of her hospital gown.'

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School's Out or Why Teachers Need a Rest

TEACHER: John, why are you doing your math multiplication on the floor?

JOHN: You told me to do it without using tables.

TEACHER: Glenn, how do you spell 'crocodile'?

GLENN: K-R-O-K-O-D-I-A-L'

TEACHER: No, that's wrong.

GLENN: Maybe it is wrong, but you asked me how I spell it.

TEACHER: Now, Simon, tell me frankly, do you say prayers before eating?

SIMON: No sir, I don't have to, my Mom is a good cook.

TEACHER: Winnie, name one important thing we have today that we didn't have ten years ago.

WINNIE: Me!

TEACHER: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his?

CLYDE: No, sir. It's the same dog.

TEACHER: Donald, what is the chemical formula for water?

DONALD: HIJKLMNO.

TEACHER: What are you talking about?

DONALD: Yesterday you said it's H to O.

TEACHER: Harold, what do you call a person who keeps on talking when people are no longer interested?

HAROLD: A teacher.

So thank a teacher today and wish him/her a restful summer!

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Memory Lapse

An elderly couple had dinner at another couple's house, and after eating, the wives left the table and went into the kitchen.

The two gentlemen were talking, and one said, 'Last night we went out to a new restaurant and it was really great. I would recommend it very highly.'

The other man said, 'What is the name of the restaurant?'

The first man thought and thought and finally said, 'What is the name of that flower you give to someone you love?'

You know... The one that's red and has thorns.'

'Do you mean a rose?'

'Yes, that's the one,' replied the man. He then turned towards the kitchen and yelled, 'Rose, what's the name of that restaurant we went to last night?'

Finally, The End!

Two fish swim into a concrete wall. The one turns to the other and says, "Dam!"

What do you call a fish with no eyes?
fish.

YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift.

Name _____

Address _____

City, State, Zip _____

Phone () _____

E-mail _____

Amount enclosed _____

*Return this slip and your check made out to Twin Cities Meals on Wheels to:
TCMOW, 100 Ridge Road, North Tonawanda, NY 14120 or donate online at www.tcmow.com*