

DECEMBER 2022

Launching the 50th Year with Energized Leadership

At the November Board of Directors meeting, Kurt Bauer, who has headed the board for 14 years and is well known across the community as the face of Twin Cities Meals on Wheels, gave up his position as board president.

The board sadly accepted Kurt's decision and members voted to install a new slate of officers. Karl put all his efforts into seeing that TCMOW continued, even though the challenges have been great. A terrific leader!

The new officers are, from left, Rick Henderson, secretary, Curt Gaume, treasurer, Jim Burke, president, and Denise Sawalsky, vice president.

The change comes as TCMOW is about to begin celebrating its 50th year of service to the community, initially just for those in North Tonawanda, and then reaching out to include Tonawanda.

Some final thoughts from Kurt Bauer

"On December 14, I will be presiding over my last board meeting as president.

WOW! Talk about mixed emotions. It will be somewhat of a relief as I'm working on regaining my life's balance after losing my spouse this past September.

At the same time, I've enjoyed the challenges that keep occurring, most of them when you least expect them. They talk about strengths in numbers and our staff and volunteers are certainly a good example.

Do you realize that we're one of the four remaining indepen-



dent Meals on Wheels left in the Erie and Niagara County area, and that next year, 2023, will be our 50th anniversary?

And forgive me for saying it, but let your friends, family, and neighbors know that we get no public subsidies and nothing from FeedMore, so if they want to donate to a feeding charity, it should go to Twin Cities Meals on Wheels, and not the other guys (I didn't say that – did I? Oh Well.

In closing, I've dreaded and loved it all at the same time. Thank you all for helping us to continue as a quality organization.

Your soon to be no longer presidentKarl Bauer

Meet Jim Burke — Page 2

Evelyn Zupo, supporter and friend to TCMOW receives Paul Gerlach award at retirement party



Evelyn Zupo, who both personally and through her position at Key Bank, has been an outstanding supporter of Twin Cities Meals on Wheels, was recently honored at a retirement party.

Twin Cities Meals on Wheels presented Evelyn with the Paul Gerlach Service Award for helping out and for going over and above in her support of TCMOW.

Pam Hill described Evelyn as "always helpful and a person who fulfills the aims of Paul Gerlach."

At left, Bobbe Siekins, Linda Finiki and Pam Hill joined the festivities to congratulate Evelyn and wish her well in her retirement.

Evelyn's latest fund raising idea is the super liquor raffle going on through Dec. 8. Tickets are \$10.

Thanks, Evelyn!



TCMOW Welcomes New Board President



GREETINGS, My name is Jim Burke. I have been a volunteer at Twin Cities Meals on Wheels since 2009. I am a cook assistant on Mondays and frequently work on Wednesdays. In addition, I have been on the Board of Directors since 2011

I am writing to you today to inform you that as of Jan. 1, 2023 I will be the new president of the Twin City Meals on Wheels. It is an honor to serve in this capacity, as my mother was the head cook at this Meals on Wheels for a number of years and I hope to continue her legacy.

Let me begin by giving a huge Thank You to Karl Bauer who has served as our President for the last 14 years. Karl has done an amazing job at continuing our mission of delivering nutritious and healthy meals to the citizens of the Twin Cities. A very large THANK YOU to Karl !!

I would like to share several Major Goals and Objectives that I am setting for myself and the Board of Directors.

- (1) Continue to deliver hot and nutritional meals to the clients of the Twin Cities from the Meals on Wheels Organization
- (2) Establish a method to increase the awareness of the Twin Cities Meals on Wheels as the local organization delivering meals to the Twin Cities. We are not part of the Feed More Organization.
- (3) Stabilize the financial condition of the Twin City Meals on Wheels organization.
- (4) Establish a better connection with the business community of the Twin Cities, and solicit their support for the Twin Cities Meals on Wheels organization.
- (5) Expand the volunteer base that we are so dependent upon for food preparation, drivers and office support.

I will commit to providing you with updates as we proceed throughout the coming year.

P.S.: If you know of anyone needing our service, please have them contact our office staff. In addition, if you know anyone who could volunteer, please put them in touch with us.

Until next time ,

Jim



Around Town ROCKIN' WITH SANTA!

* City of Tonawanda Mayor John White has planned his annual Rockin' with Santa Toy Drive. Unwrapped Christmas toys for families in the Twin Cities can be dropped off at City of Tonawanda or North Tonawanda City Halls.

* A Holiday Concert at 2 p.m. Dec. 3 at the North Tonawanda Library, will feature Matt's Music Vocal Performance Team. The free event will get you in the Holiday Spirit.

* Veteran services will be available from 8:30 a.m. to 4:30 p.m. the second Tuesday of every month at the North Tonawanda Senior Center for anyone who needs assistance. Dave Wohleben from Niagara County Veterans Service Agency will be at a table to greet you. To make an appointment, call 695-8582.

* Meat raffle, basket raffle, 50/50 and cupcake sale to Benefit Kelseylynn Talarico & Family, Jan. 14 at Gratwick Fire Hall. \$12 pre-sale tickets, \$15 at the door. Tickets include pop, beer & pizza. To purchase tickets: 716-423-9513 or 716-513-4154. Donate a package of socks for Friends of Night People and receive a free sheet of basket raffle tickets.

* Dec. 2 - 6 p.m., "It's a Wonderful Night" at the Clinton Park Tree Lighting in Tonawanda. Come and enjoy the annual start to your Christmas season!

* Dec. 3 - 9 a.m., St. Francis of Assisi Church in Tonawanda, will have its annual "Gently Used Jewelry, Purse & Scarf Sale." This sale is sure to be a sellout!

* Dec. 3 - 11 a.m. to 3 p.m., Santa's Workshop at the North Tonawanda Senior Center on Goundry Street. Santa's workshop for kids (gifts are \$1) free wrapping, hot chocolate, tea and cookies. Vendor Fair, Papparazzi jewelry, origami stars and crafts from Coiled in Knots. Also the Lady Bug Bake Sale. **Santa will be visiting from noon to 2 p.m.**



Taking Time Off

Rodney and Ginny Brown, who have been members of the TCMOW board for 43 years and volunteers even longer, have, sadly, resigned from the Board of Directors.

Thankfully, they will continue their awesome work as volunteers.

Their enthusiasm and commitment will be hard to match and they will be missed on the board.

In their resignation letter to the board, they expressed their thoughts:

"It's time for some new members. It has been a pleasure. We will still help any way we can. God bless all of you as you go forward."

Using Amazon for Christmas Shopping? Try Amazon Smile and Help Fund TCMOW

Twin Cities Meals on Wheels participates in the Amazon Smile program. We are listed as Twin Cities Meal on Wheels.

AmazonSmile is a simple way for you to support Meals on Wheels every time you shop, at no cost to you. AmazonSmile is available at smile.amazon.com on your computer's web browser and can be activated in the Amazon Shopping app for iOS and Android phones.

To shop at AmazonSmile, go to smile.amazon.com or activate AmazonSmile on your Amazon Shopping app on your iOS or Android phone (found under settings on your app). You may also want to add a bookmark to smile.amazon.com to make it even easier .



Thinking About December

- Thursday, Dec. 1
Peppermint Bark Day
- Sunday, Dec. 4
Santa's List Day
- Wednesday, Dec. 7
Pearl Harbor Remembrance Day
- Thursday, Dec. 15
Bill of Rights Day
- Saturday, Dec. 17
National Wreaths Across America Day
- Wednesday, Dec. 21
Winter Solstice
- Thursday, Dec. 22
National Cookie Exchange Day
- Friday, Dec. 23
National Christmas Movie Marathon Day
- Saturday, Dec. 2
Christmas Eve
- Sunday, Dec. 25
Christmas Day
- Monday, Dec. 26
National Thank You Note Day
- Tuesday, Dec. 27
National Fruitcake Day
- Wednesday, Dec. 28
Pledge of Allegiance Day
- Thursday, Dec. 29
Still Need to Do Day
- Saturday, Dec. 31
New Year's Eve
- Make Up Your Mind Day



Each month the names and date are listed for volunteers and staff who are celebrating a birthday during the month.



- Dec. 1 Carol Kopczynski
- Dec. 1 Marcia Brock
- Dec. 2 Virginia Park
- Dec. 9 Marti Metzger
- Dec. 11 Julie Czerwinski
- Dec. 12 Gail Reishel
- Dec. 19 Vincent Becker
- Dec. 22 Carol Connors
- Dec. 25 Carol Krumphart



These years of service show a commitment to Twin Cities Meals on Wheels by our wonderful and faithful volunteers. Congratulations for your continuing and amazing energy as well as your devotion to helping others!

Timothy Greinert	6
Rick Henderson	4
Patricia Barone	2
Margorie Proch	13
Margo Fronczek	9
Douglas Fronczek	9
Richard Dunning	7
Sharon Allen	5
Linda Sinsabaugh	5
Pearl Szukala	16



TCMOW has a remarkable number of super involved volunteers whose lives are full of fun and activities.

So it's hard to believe that none of you have any news to share.

Surely, there are birthdays, vacations, new grandchildren or their stories and activities, your dog's newly learned trick, your lawn mower that quit in the middle of the yard or you need prayers for yourself or someone you know!

Don't forget to send information on activities in town or at your church or another organization. We're happy to post any event.

Any news tips that you'd like to share, may be emailed to Barbara Tucker, wgtbt@aol.com or drop the news off to Pam at the TCMOW office. Waiting to hear from YOU!

Common decorations on a Christmas tree each have their specific meanings. Candles – the light of the world, the Star at the top is a reminder of the first Christmas night and candy canes are to represent the shepherd's cane.

December 7th is National Pearl Harbor Remembrance Day.

EMERGENCY CLOSINGS of TCMOW

When the weather is inclement our closings will be announced on:

- WGRZ --TV-2
- WIVB --TV-4
- WKBW -- TV-7

If our name (Twin Cities Meals on Wheels) is **NOT** there, we **WILL** be open!

The Coordinator will personally phone all kitchen workers, drivers, and servers who are scheduled for that day to notify them that we are **CLOSED**.

- Kitchen workers will be notified by 7 a.m.
- Drivers and Servers notified by 9 a.m.

Share a Laugh



I told my physical therapist I broke my arm in two places.
He told me to stop going to those places.

A retired man volunteered to entertain patients in assisted living homes and hospitals. He visited one hospital and brought along his portable keyboard.

After telling jokes and singing songs at patients' bedsides, he said farewell and, "I hope you all get better."

One elderly gentleman replied, "I hope you get better, too."

What A Girl Wants For Christmas

The Santa Claus at the shopping mall was very surprised when Emily, a young lady about 20 years old walked up and sat on his lap. Now, we all know that Santa doesn't usually take requests from adults, but she smiled very nicely at him, so he asked her, "What do you want for Christmas?"

'Something for my mother, please,' Emily replied sweetly.

'Something for your mother? Well, that's very loving and thoughtful of you,' smiled Santa. 'What do you would you like me to bring her?'

Without turning a hair Emily answered quickly, 'A son-in-law.'

Tinsel Time for Christmas

Jennifer was a pretty 18 year old girl. In the week before Christmas she sauntered up to the counter of a Christmas store, trying to decide which of the many types of tinsel she would buy. Finally, she made her choice and asked the youth who was manning the fabric section, 'How much is this gold tinsel garland'.

The youth pointed to the Christmas mistletoe above the counter and said, 'This week we have a special offer, just one kiss per foot'.

'Wow, that's great', said Jennifer, 'I'll take 12 feet'.

With expectation and anticipation written all over his face, the boy measured out the tinsel, wrapped up the garland, and gave it to Jennifer.

She then called to an old man who had been browsing through the Christmas trees and said, 'My Grandpa will settle the bill.'

* What do you get if Santa comes down your chimney when the fire is ablaze?

Crisp Kringle.

What do you call a bee that can't make up its mind? A maybe.

I wasn't originally going to get a brain transplant, but then I changed my mind.

To the mathematician who thought of the idea of zero. Thanks for nothing!



Here's a quiz for people who know everything!

1. Name the one sport in which neither the spectators nor the participants know the score or the leader until the contest ends.
2. What famous North American landmark is constantly moving backward?
3. Of all vegetables, only two can live to produce on their own for several or More growing seasons. All other vegetables must be replanted every year. What are the only two perennial vegetables?
4. What fruit has its seeds on the outside?
5. Only three words in standard English begin with the letters 'dw' and they are all common words. Name two of them.
6. There are 14 punctuation marks in English grammar. Can you name at least half of them?
7. Name the only vegetable or fruit that is never sold frozen, canned, processed, cooked, or in any other form except fresh.
8. Name 6 or more things that you can wear on your feet beginning with the letter 'S.'

Answers

- 1 Boxing.
- 2 Niagara Falls. The rim is worn down about two and a half feet each year because of the millions of gallons of water that rush over it every minute.
- 3 Asparagus and rhubarb.
- 4 Strawberry.
- 5 Dwarf, dwell and dwindle
- 6 Period, comma, colon, semicolon, dash, hyphen, apostrophe, question mark, exclamation point, quotation mark, brackets, parenthesis, braces, and ellipses.
- 7 Lettuce.
- 8 Shoes, socks, sandals, sneakers, slippers, skis, skates, snowshoes, stockings, stilts.

YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift.

Name _____

Address _____

City, State, Zip _____

Phone () _____

E-mail _____

Amount enclosed _____

**Return this slip and your check made out to Twin Cities Meals on Wheels to:
TCMOW, 100 Ridge Road, North Tonawanda, NY 14120 or donate online at www.tcmow.com**