TWIN CITIES MEALS ON WHEELS

ANOTHER SERVING

100 Ridge Road North Tonawanda NY 14120 716-693-1663

April 2023

Preparations Under Way for Variety Campaign '24

Just when Bill Simon, who, along with his wife, Cindy, both deliverers for TCMOW on Thursday Route 4, thought they could breath easier now that Bill's role as co-chairman of the annual Variety Club Telethon was over, he's at it again, stepping in as chairman of next year's drive. The telethon raises funds for Oishei Children's Hospital along with 10 other children's charities.



This year, the telethon raised more than \$1 million, ranking it second in per-capita dollars raised among all U.S. tents (as each chapter is called) and sixth worldwide.

Bill and Cindy, although more than pleased with the wonderful fundraiser, have already begun plans for the coming year's challenge.

Because they are no strangers to helping in the community, they both know how generous the people and businesses are in Western New York.



"We sponsor a meat raffle and people follow meat raffles. People around here are insane, but in a great way," Bill

said. "Corporations like Delta Sonic and Sahlen Meats, among so many others, see the value in the Variety Club, the children's charity of Buffalo & WNY," he added.

Bill and Cindy offer their fun loving spirt, endless energy and commitment to a number of other organizations, including, of course, TCMOW.

They use social media platforms to get the word out about the telethon, its goal and where the money goes. They also help select the poster child.

"This year, the poster child had prosthetic legs and ran around the studio, enjoying everything and talking with everyone. It gives you a moment to be thankful for your own life," Bill commented.

Cindy noted that the Variety Club Women (VCW), chartered in 1949, focuses on fundraising and providing volunteers to work events.

"We can always use more volunteers," she said. Interested in learning more or volunteering? Call Variety at 716-854-7577 or go online at varietybuffalo.org.

50th Anniversary Celebration Open House and the

June Jordan Memorial Garage Sale

Hot Dog/Bake Sale May 20, 2023 **9 a.m. to 3 p.m.**

100 Ridge Road, North Tonawanda Bring your donated items for this **gigantic**

sale to the TCCO building.

SALE

Anyone interested in volunteering at open house, garage sale or the grill please sign up at the Main Office or call the TCMOW office at 716-693-1663.

More Help from the Community

The BPOE Elks has graciously and generously donated its services and expertise to the Twin Cities Meals on Wheels as a way of showing its caring for the Tonawandas.



Bill Miles, Exalted Ruler of the Twin Cities Elks Lodge 860, has offered the following help to TCMOW.

- The BPOE will donate \$10,000 to TCMOW.
- The Elks covered the printing costs of the "bag stuffer" cards distributed at The Market at the Square.

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Adopt-A-Day Continues to Seek Donors

The **Adopt-A-Day** project, a continuing effort to find new ways to attract the community to Twin Cities Meals on Wheels while also bringing in donations, has slowed down as the holidays approach. Many have already generously **Adopted-A-Day** that is special to them and shared the joy of that day with clients of Twin Cities Meals on Wheels with a dessert of their choice. The cost for the "adoption" is \$99.

In return for the "adoption," the host receives:

*Recognition in the monthly Adopt-A-Day on our Website

*Thank you on our Facebook page and in Newsletters shared with the community

* Knowledge that clients receive a special treat!



Pam's Corner

As many of you know this job has it's ups and downs for me, many weeks there are more than I would like. But this month has been truly different.

Covid knocked the wind out of us to say the least. Our client numbers are down and food prices have sky rocketed. We are struggling with those issues.

But this past month or so we have gotten news on some grants and the ELKS have stepped up with a benefit for us and Gary Rockenbrock's (Friday server) wife has donated the beautiful quilt being raffled off to benefit us through the Quilt Guild she belongs to.

So things are looking up. We are also having an upturn in the number of people we serve.

But now for the high real highlight of the month besides the fact the spring is here.

I had a visit from two ladies who work next door at the bus barn. Now most of you know that the management over there can be a thorn in our sides at times, but their employees are a whole different thing. They told me that one of their co-workers who is over 80 years old was recently ill.

He works as a bus aide and they all miss him and want him to return to work as soon as he can. So to that end they took up a collection and are paying for meals for him in hopes that it speeds his recovery. Just when you think that the world is falling apart something happens like this that makes you do a double take and realize how special people can be.

So kudos to the bus barn's crew and all of the people, including volunteers, who make this a better place to be.

Till next month.

Welcome Donation from Independent Health

Thanks to Eileen Britton, a driver/server volunteer on Friday and always a cheerful worker, a donation of \$153 has been received from Independent Health through their Associates Supporting the Community Program.

The application to qualify to receive funds was generated by Karen Kagelmacher, Eileen's daughter. Karen is a Therapy Maintenance Pharmacist at Independent Health.

This is the fourth year we have benefited from this program.

Thanks to Eileen and Karen!



Pam Hill, Coordinator

Board of Directors

James Burke - President Denise Sawatsky - Vice President Rick Henderson, Secretary Curt Gaume, Treasurer

Board Members

Karl Bauer, Eileen Britton, Carol Butch, John Grobe, Robert Pecoraro, Rae Proefrock, Gary Rockenbrock, Joyce Santiago, Barbara Tucker

Phone: 716-693-1663 Fax: 716-693-1663 Email: info@tcmow.com Website: www.tcmow.com



Around Town

- April 10: Free Dyngus Day party at 6 p.m. at National Hose Fire Co., 44 Williams St., Tonawanda. The City of Tonawanda Senior Center is teaming up again with National Hose Fire Co. for this fun event. Stop in for a Dyngus Day celebration with music and entertainment. Polish sausage, kapusta, pop and beer will be for sale.
- April 10: The third Annual North Tonawanda Dyngus Day Parade will take place starting at 5 p.m. The route will be down Oliver Street, starting at 10th Avenue and turning down Keil Street, ending at the post-parade party at the NT City Market. All are welcome to attend the free Post-Parade Party, which will include live music by Polka band Captain Tom and the Hooligans.
- April 10: Dyngus Day Pop Up Polish Platter 3:30 to 5 p.m. at the North Tonawanda Senior Center. \$7 members, \$10 non-members. Polka music by Matt Piorkowski. Menu: Polish sausage, pierogis, sauerkraut, salad and dessert.
- April 15, 16: Twin Cities Quilters Guild will host its bi-annual quilt show at the Wheatfield Community Center, 2790 Church St., Wheatfield. Admission is \$6 or \$5 with donation to the food pantry. There will be vendors, demos and a basket raffle along with a quilt raffle to benefit TCMOW. The quilt is queen sized and tickets may be purchased at the show or the TCMOW office. Single \$1 or 6 for \$5.
- April 29: Get ready to party! The ELKS Lodge #860, 860 Main St., Tonawanda will be the site of a benefit for TCMOW!! Pizza and wings and a cash bar, 50/50 raffles and a liquor basket raffle will take place. Music by LGF Trio and Slim Chance and the Can't Hardly Playboys. Admission is only \$10.
- April 20: Defensive Driving Classes 9 a.m. to 3 p.m. Save 10% off of your car insurance for 3 years by taking the Defensive Driving Class. If you would like sign-up, contact the Center. The class fee is \$35 and is to be paid at the class. This class is open to the public.
- Lunch: Salvation Army Lunch Program 46 Broad Street, Tonawanda is back open and offering the lunch program, weekdays at 11:30 a.m.



Rodney Brown	22	Carol Butch	9
Jim Davignon	38	Deborah Fadel	8
Sharon Davignon	38	William Fadel	8
D. Jean Ohrum	15	Kathleen Ceckowski	6
Nancy Young	11		

These years of service show a commitment to Twin Cities Meals on Wheels by our wonderful and faithful volunteers.

Congratulations for your continuing and amazing energy as well as your devotion to helping others!

BPOE - cont'd. from Page 1

• On April 29, the BPOE will sponsor a fundraising event with all profits donated to TCMOW.

Let's all get behind that terrific and fun event!

• In late spring or early summer, the BPOE will sponsor a dinner. More discussions will take place in the coming weeks.

These are wonderful projects that will help the TCMOW's bottom line. So plan to attend!

Thanks Bill and BPOE members!

This magnificent quilt donated by Gary Rockenbrock's wife's Quilt Guild is being raffled off to benefit Twin Cities Meals on Wheels on April 15.

For information or tickets, call Pam at the office, 716-693-1663.





TCMOW has a remarkable number of super involved volunteers whose lives are full of fun and activities. We're waiting to hear.

Surely, there are birthdays, vacations, new grandchildren their stories activities, your dog's newly learned trick, your snow blower that quit in the middle of the driveway or you need prayers for yourself or someone you know!

Any news tips that you'd like to share, may be emailed to Barbara Tucker, wgtbt@aol.com or drop the news off to Pam at the TCMOW office.



Kaye Brenon	04/21
Roberta Seekins	04/08
Carol Woodcock	04/10
William Fadel	04/15

Each month the names and birthday date are listed for volunteers and staff who are celebrating their birthdays during the month.

Wish them a Happy Birthday (or sing a little song!)

More Places to Go, Things to Do

• April 13: The Making of the Tesla Legacy Corridor, is a presentation to learn what Nikola Tesla did in Western New York and what has been done to honor him in our region. 7 p.m. North Tonawanda City Hall Chambers, 216 Payne Ave. Colorful, dynamic and visual projection lecture by Francis S. Lestingi, PhD from SUNY Buffalo State.

April 15: Community Corner Café at Salem United Church of Christ, Main Street, Tonawanda. Doors open at 11 a.m. and food is served at 11:30 a.m. All are welcome including families, a \$2 donation is requested. Stuffed meatloaf, mashed potatoes, vegetables and cookies will be served.

- April 22: 9 a.m. to noon, volunteers are sought to take part in cleaning the shoreline and picking up debris to make the canal-side park cleaner and safer. The event will take place at 987 Sweeney St., at Mayor's Park. Starting point is at the pavilion. Volunteers are encouraged to bring rakes, gloves and cleaning supplies. Refreshments and lunch will be provided to all volunteers. Coordinated by the North Tonawanda Waterfront Commission.
- •April 29: Boys and Girls Clubs of the Northtowns will host a meat raffle at the Knights of Columbus, 755 Erie Ave., North Tonawanda. Basket raffle. Win a grill. Presale tickets \$10; table of eight, \$70. For tickets contact Christina-sales@bgcnt.net or call 716-873-9842, ext. 228
- Mondays and Tuesdays until April 24, Mother Goose on the Loose Story Time for ages 2 to 4 with an adult at the City of Tonawanda Public Library. Registration required. Stop in or call 716-693-5043.
- Book Babies Story Time: For children up to 2 years old with an adult. 9 a.m. Tuesdays through April 25 at the Tonawanda Public Library. Also, 9 a.m. Fridays through April 28. Closed April 7.
- May 5: Craft and vendor show, 9 a.m. to 2 p.m. at Bishop Gibbons, 1110 Payne Ave., North Tonawanda. Basket raffle, 50/50 drawing, handmade crafts and vendor sales. Use the main entrance off 19th Avenue.
- May 12: Senior Citizen Prom Through the Decades at Tonawanda High School, 5:30-8:30 p.m. Friday, May 12. RSVP by Friday, April 21. Contact Robin Hoepfinger at 716-983-0027 or rhoepfinger@ tonacsd.org for tickets. Featuring the Alex Rene Big Band and a basket raffle. Dinner and dessert will be served. For City of Tonawanda graduates and residents only. RSVP by Friday, April 21.

Share a Laugh



In the year 2021 the Lord came unto Noah, who was now living in the United States and said: "Once again, the earth has become wicked and over-populated, and I see the end of all flesh before me. Build another Ark and save 2 of every living thing along with a few good humans. He gave Noah the blueprints, saying:

"You have 6 months to build the Ark before I will start the unending rain for 40 days and 40 nights."

Six months later, the Lord looked down and saw Noah weeping in his yard - but no Ark.

Noah! He roared, "I'm about to start the rain! Where is the Ark?"

"Forgive me, Lord," begged Noah, "but things have changed. I needed a building permit. I've been arguing with the inspector about the need for a sprinkler system.

"My neighbors claim that I've violated the neighborhood zoning laws by building the Ark in my yard and exceeding the height limitations. We had to go to the Development Appeal Board for a decision. Then the Department of Transportation demanded a bond be posted for the future costs of moving power lines and other overhead obstructions, to clear the passage for the Ark 's move to the sea. I told them that the sea would be coming to us, but they would hear nothing of it.

"Getting the wood was another problem. There's a ban on cutting local trees in order to save the spotted owl. I tried to convince the environmentalists that I needed the wood to save the owls - but no go!

"When I started gathering the animals, an animal rights group sued me. They insisted that I was confining wild animals against their will. They argued the accommodations were too restrictive, and it was cruel and inhumane to put so many animals in a confined space.

Then the EPA ruled that I couldn't build the Ark until they'd conducted an environmental impact study on your proposed flood. I'm still trying to resolve a complaint with the Human Rights Commission on how many minorities I'm supposed to hire for my building crew.

"Immigration and Naturalization are checking the green-card status of most of the people who want to work. The trades unions say I can't use my sons. They insist I have to hire only Union workers with Ark-building experience.

To make matters worse, the IRS seized all my assets, claiming I'm trying to leave the country illegally with endangered species.

So, forgive me, Lord, but it would take at least 10 years for me to finish this Ark."

Suddenly the skies cleared, the sun began to shine, and a rainbow stretched across the sky.

Noah looked up in wonder and asked, 'You mean you're not going to destroy the world?"

'No,' said the Lord. "The government beat me to it."

How the Fight Started......
One year, I decided to buy my mother-in-law a cemetery plot as a Christmas gift.

The next year I didn't buy her a gift.

When she asked me why, I replied, "Well, you still haven't used the gift I bought you last year."

And that's how the fight started.....

Over the massive front doors of a church, these words were inscribed: 'The Gate of Heaven''. Below the inscription was a small cardboard sign which read: "Please use other entrance."

Warning:

- * Housework done properly can kill you!
- * You should never have more children than you have car windows.
- * Never lend your car to anyone to whom you have given birth.
- * If Fed Ex and UPS were to merge, would they call it Fed UP?
- * Do Lipton Tea employees take coffee breaks?
- * What hair color do they put on the driver's licenses of bald men?

I thought about how mothers feed their babies with tiny little spoons and forks, so I wondered what do Chinese mothers use? Toothpicks?

Never read the fine print There ain't no way you're going to like it.

Why do they put pictures of criminals up in the Post Office? What are we supposed to do, write to them? Why don't they just put their pictures on the postage stamps so the mailmen can look for them while they deliver the mail?

If it's true that we are here to help others, then what exactly are the others here for?

Ever wonder what the speed of lightning would be if it didn't zigzag?

At income tax time, did you ever notice: When you put the two words 'The' and 'IRS' together it spells...'THEIRS'?

Gardening Rule: When weeding, the best way to make sure you are removing a weed and not a valuable plant is to pull on it. If it comes out of the ground easily, it is a valuable plant.

YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift.

Name	
Phone ()	
Amount enclosed	