



# Another Serving



***“Meals and More...”***

*Newsletter for Volunteers and Staff of Twin Cities* Meals on Wheels, Inc.

100 Ridge Road      North Tonawanda, New York 14120

*Serving the Twin Cities since 1973*

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## July 2021

Board of Directors Wednesday August 11<sup>th</sup> - 12:30 pm  
September 11<sup>th</sup> promotion at the N. T. Farmers Market

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**TAKE YOUR COPY OF *“Another Serving”* HOME with you.** We print 110 copies so each volunteer gets his / her own copy to keep.

### Can't Come On Volunteering Day???



To cancel your day to serve or drive, call Pam Hill **at home** the night before on her **cell phone 418-5424** so she can get a “sub” for you.

Currently NY State requires 30 volunteer hours before graduation and many of the Catholic schools require even more than that. We are already getting local kids in the kitchen and grandchildren volunteer servers. It really is so much fun to have them with us. I think sometimes it is an education for both us and them on how two vastly different age groups think and react. I know that many of the kids are pleasantly surprised at how much fun us oldsters are! So far this year several of last years kids are back, so I guess we are still cool in our "old" age.

Well here's wishing you all a great summer and see you next month!!

### COORDINATORS COLUMN...

Well we have come to the end of another school year as strange as it was. Here at Meals on Wheels as many of you know we take summer volunteer kids from several area high schools to get their hours for graduation.

## News of our Volunteers...

**Jack DesRosiers, age 17, the grandson of Kathy and Dennis DesRosiers received his Eagle Scout rank on June 6, 2021 in Pittsford NY.**

**Jack helped restore a nature center in Mendon Ponds Park that houses and cares for birds, mammals, and reptiles. This involved removal and replacement of windows and doors, as well as insulation, trim, and interior painting. He worked with other scouts and adults to complete his project.**



Thanks to everyone who worked and made our gardens look great!!  
In front of the Clothing Closet ,  
Front of Meals & Food!

### Volunteer News is Always Needed --

News that you would like to share with your volunteer friends at TC MoW is needed for "Another Serving"

You may want to provide news about:

- Vacation trips
- Happy events / sad events
- Wedding anniversaries  
(50, 60, 70, etc.)
- New grandchild, great-grand kids, etc.
- Injuries / surgeries

Forms are provided (in **blue** pocket) above the plastic rack where you pick up your newsletter. Place the completed form in the **yellow** pocket.

**When you "retire" from volunteering** from TC MoW, do NOT give a MoW shirt to charity (Salvation Army, Goodwill, Am vets, etc.). The shirt could be used as ID for a thief to get into the home of a meal recipient, thinking that the thief was bringing a meal, when actually they were going to rob or harm the meal recipient.

### In Our Thoughts & Prayers



- Pray for the folks threatened by forest fires, floods, severe heat, storms, and hurricanes.
- Pray for our military and personnel in Afghanistan and throughout the world.
- Pray for world peace and wisdom for government leaders at all levels.

### Volunteers are always needed —

**Bring a friend to see what you do at TC MoW**

You are encouraged to "Bring a Friend" on the day you come to help at TC MoW.  
Your friend would be with YOU as you

- do your tasks as a kitchen helper
- drive to deliver meals
- take meals into the homes of meal recipients

"Bring a Friend" can be at any time. No advance notice required. This may generate interest in future volunteering at TC MoW.



## HAPPY BIRTHDAY-

Each month the names and date are listed for volunteers and staff who are celebrating a birthday during the month.

Gloria Stanz	07/04
Pamela Hill	07/07
John Major	07/16
Tim Greinert	07/16
Richard Stenzel	07/17
John Dunford	07/19
Virginia Brown	07/22
Judy Kovach	07/26

If your birthday was incorrect or omitted, please give the information to Pam Hill so we can correct it.



## Volunteering Anniversaries

We applaud TC MoW volunteers who are celebrating an anniversary of their volunteering this month. The number of years of service at TC MoW is indicated after each name.

Pamela Hill	17
Rosemary Marohn	16
Carol Kromphardt	12
Karl Bauer	10
Pam Psik	2
Judy Kovach	2

Thank you for your years of service.  
(Please report volunteering anniversaries errors to Pam Hill).

## Twin Cities Community Outreach News (TCCO)

### Winners for our July Raffle Fundraiser are...

- 7/1 Sue Cahill \$50
- 7/2 Betsy Davignon \$75
- 7/4 Don Miller \$100
- 7/5 Rick Winier \$30
- 77 Bobbie Seekings \$50
- 7/8 Ellein Graf \$60



## LAUGH TIME...

### The Changing world of Seniors

Some perks of being over 60 and heading towards 70 or 80 or so!

1. Kidnappers are not very interested in you.
2. In a hostage situation you are likely to be released first.
3. No one expects you to run... anywhere.
4. People call at 9pm and ask. "Did I wake you?"
5. People no longer view you as a hypochondriac.
6. There is nothing left to learn the hard way.
7. Things you buy now won't wear out.
8. You can eat supper at 5pm

9. You can live without sex but not your glasses.
10. You get into heated arguments about pension plans.
11. You no longer think of speed limits as a challenge.
12. You quit trying to hold your stomach in, no matter who walks into the room.
13. You sing along with elevator music.
14. Your eyes won't get much worse.
15. Your investment in health insurance is finally beginning to pay off.
16. Your joints are more accurate meteorologists than the national weather service.
17. Your secrets are safe with your friends because they can't remember them either.
18. Your supply of brain cells is finally down to a manageable size.
19. You can't remember who sent you this list.
20. And you notice these are all in big print for your convenience.

Forward this to everyone you can remember right now!

And remember.... never, under any circumstances, take a sleeping pill and a laxative on the same night.

### **Scientific Explanation**

A little town in southern Illinois had a sensational birth rate, and scientists decided to visit the place and find out the cause. So the sociologists, anthropologists, birth control specialists and other concerned scientists moved to the town prepared to do a six-month study of the causes of the town's high birth rate.

The day the research testing and all was to begin, the director of the million-dollar project stopped off at the single cafe in town and

ordered coffee. When the waiter delivered his drink, the scientist detained him for a moment and asked, "Can you give me an idea was to why your town, above all others in this country, has such a high birth rate?"

The waiter thought a moment, then said, "I think I can. You see, every morning at 4:00 AM, the C&A Railroad comes through town and blows its whistle at all three street crossings. That wakes up the folks here and, as you might guess, it's too darn late to go back to sleep and too darn early to get up."

### **Suggestions**

I'm not saying let's go kill all the stupid people. I'm just saying let's remove all the warning labels and let the problem work itself out.

I changed my car horn to gunshot sounds. People move out of the way much faster now.

You can tell a lot about a woman's mood just by her hands. If she's holding a gun, she's probably mad.

Gone are the days when girls cooked like their mothers. Now they drink like their fathers.

You know that tingly little feeling you get when you really like someone you've just met? That's common sense leaving your body.

I don't like making plans for the day. Because then the word "premeditated" gets thrown around in the courtroom.

I didn't make it to the gym today. That makes 3,267 days in a row.

I decided to change calling the bathroom the John and renamed it the Jim. I feel so much better saying I went to the Jim this morning.

Paranoid people who check behind shower curtains for murderers. If you find one, what's your plan?

Everyone has a right to be stupid. Politicians just abuse the privilege.

### More Science

A professor of chemistry wanted to teach his 5th grade class a lesson about the evils of liquor, so he produced an experiment that involved a glass of water, a glass of whiskey, and two worms.

"Now, class, closely observe the worms," said the professor while putting a worm into the water. The worm in the water writhed about, happy as a worm in water could be. He then put the second worm into the whiskey. It curled up and writhed about painfully, then quickly sank to the bottom, dead as a doornail.

"Now, what lesson can we learn from this experiment?" the professor asked. Johnny, who naturally sits in back, raised his hand and wisely, responded confidently, "Drink whiskey and you won't get worms."

### Dog Stuff

If your dog is fat, you aren't getting enough exercise. – Unknown

Some days you're the dog; some days you're the hydrant. – Unknown

Whoever said you can't buy happiness forgot about puppies. - Gene Hill

In dog years, I'm dead. – Unknown

To his dog, every man is Napoleon; hence the constant popularity of dogs. - Aldous Huxley

A dog teaches a boy fidelity, perseverance, and to turn around three times before lying down.

- Robert Benchley

Did you ever walk into a room and forget why you walked in? I think that's how dogs spend their lives. - Sue Murphy

I loathe people who keep dogs. They are cowards who haven't got the guts to bite people themselves. - August Strindberg

No animal should ever jump up on the dining room furniture unless absolutely certain that he can hold his own in the conversation. - Fran Lebowitz

Ever consider what they must think of us? I mean, here we come back from a grocery store with the most amazing haul -- chicken, pork, half a cow. They must think we're the greatest hunters on earth! - Anne Tyler

I wonder if other dogs think poodles are members of a weird religious cult. - Rita Rudner

My dog is worried about the economy because Alpo is up to 99 cents a can. That's almost \$7.00 in dog money. - Joe Weinstein

If I have any beliefs about immortality, it is that certain dogs I have known will go to heaven, and very, very few persons. - James Thurber

You enter into a certain amount of madness when you marry a person with pets. - Nora Ephron

Don't accept your dog's admiration as conclusive evidence that you are wonderful. - Ann Landers

Women and cats will do as they please, and

men and dogs should relax and get used to the idea. - Robert A. Heinlein

In order to keep a true perspective of one's importance, everyone should have a dog that will worship him and a cat that will ignore him. - Dereke Bruce, Taipei, Taiwan

Of all the things I miss from veterinary practice, puppy breath is one of the most fond memories! - Dr. Tom Cat

There is no psychiatrist in the world like a puppy licking your face. - Ben Williams

When a man's best friend is his dog, that dog has a problem. - Edward Abbey

Cat's motto: No matter what you've done wrong, always try to make it look like the dog did it. – Unknown

Money will buy you a pretty good dog, but it won't buy the wag of his tail. – Unknown

No one appreciates the very special genius of your conversation as the dog does. - Christopher Morley

A dog is the only thing on earth that loves you more than he loves himself. - Josh Billings

Man is a dog's idea of what God should be.  
- Holbrook Jackson

The average dog is a nicer person than the average person. - Andrew A. Rooney

He is your friend, your partner, your defender, your dog. You are his life, his love, his leader. He will be yours, faithful and true, to the last beat of his heart. You owe it to him to be worthy of such devotion. – Unknown

If you pick up a starving dog and make him prosperous, he will not bite you; that is the

principal difference between a dog and a man.  
- Mark Twain

Things that upset a terrier may pass virtually unnoticed by a Great Dane. - Smiley Blanton

I've seen a look in dogs' eyes, a quickly vanishing look of amazed contempt, and I am convinced that basically dogs think humans are nuts. - John Steinbeck

## Power Outage

We had an electrical power outage in our zip code this morning.

My PC, my laptop, the TV, the DVD, the iPad AND my new surround sound music system were all shut down. No power, remember? Then I discovered that my iPhone battery was dead, and to top it off it was raining outside, so I couldn't go play golf. It was Sunday, and my favorite bar was closed.

So I went into the kitchen to make some coffee and then I remembered that this also needs power, so I sat there and talked with my wife for a few hours.

She seems like a really nice person.

**EMAIL** may be used for sending 'goodies' to our newsletter

- Volunteer News / Volunteer "Tales"
- Jokes / Wisdom
- Recipes

**anotherserving@yahoo.com**

Thank you,  
Dean Hutter, Editor  
Karl Bauer, Assistant Editor.