TWIN CITIES MEALS ON WHEELS

ANOTHER SERVING

100 Ridge Road North Tonawanda NY 14120 716-693-1663

September 2023

Unique Wood Products Donated for TCMOW Raffle!

From the time Bill Bacon was eight years old and made wood creations taught him by his grandfather, he has loved working with wood.

Now retired, he has time to create decorative and useful products using maple, cherry and black walnut wood that he gets from a friend in Cherry Creek.

"I bring home the planks, mill the wood and cut it up to make the products I sell. I started in March at the urging of friends who had bought my creations," he said. "I'm having fun. The process of building something intrigues me, ever since I made my first piece, a manger scene."

Bill named his fledgling enterprise Bacon Board Company.

Although Bill calls his workplace a "small time shop" he admits that as soon as his TCMOW's work is done on Wednesday, he hurries home to create sawdust in his garage, cutting up the boards and enjoying the items that the sawdust represents.

Bill has graciously donated four of his handcrafted wood products for a raffle to benefit TCMOW. Tickets are \$5 each and the drawing will be Oct. 2 with four chances to win, one drawing for each item.

RAFFLE: cont'd on Page 3



READY TO SELL: Bobbie Becker and Bill Bacon stand ready to help sell raffle tickets for the four beautiful wood products Bill made and donated to TCMOW







St. Martin Lutheran Church Welcomes TCMOW

St Martin Lutheran Church, located on Old Falls Boulevard in North Tonawanda, had a two-day rummage sale and craft fair recently.

The church generously offered Twin Cities Meals on Wheels an opportunity to show off the services that TCMOW and TCCO do to help the community.

Luckily Pam had just purchased a pop-up tent allowing for a colorful display of TCMOW brochures along with an opportunity to purchase raffle tickets for Bill Bacon's wood products. Information on TCCO, the Food Pantry and the Clothes Closet gave folks an idea of much outreach is offered.

Thanks to St, Martin's for this opportunity, to Pam and Bobbie Seekins along with several of the TCMOW volunteers who manned the tent.



Pam's Corner

Well with all the difficult weather everyone around the United States has been dealing with it makes one much more aware just how special this area is.

Sure we have snow (and snow and more snow), but it can be shoveled away unlike water and we have wind, but it doesn't destroy your house. Oh, we have our bouts of bad weather but for the most part the effects don't last for years.

We do have beautiful spring, summer and fall weather, with some winter days that look like picture postcards.

For the most part I like the change of seasons, and let's face it, our summers are great. Never so hot that you can't go out and enjoy yourself.

We also have quite a few local attractions and some wonderful parks and great old buildings. Yep, life is pretty good in Western New York.

But the final, great, most wonderful thing is the Buffalo Bills!

I have been watching and listening to their games for most of my life. Win or lose they are our team and they reflect our values and local culture. So here's to our guys, good luck this year and go Bills!!

Until next time,

— Pam

ADOPT-A-DAY PROGRAM

The **Adopt-A-Day** project, a continuing effort to find new ways to attract the community to Twin Cities Meals on Wheels while also bringing in donations, slowed down as summer started.

The idea of Adopt-a-Day is to honor someone, perhaps a parent, sibling, friend on a special day by scheduling a dessert of your choice on that day. Clients receive the yummy dessert along with a note saying who it honors. Many have already generously shared the joy of a special day with clients of Twin Cities Meals on Wheels. The cost for the "adoption" is \$99.

In return for the "adoption," the host receives:
Recognition in the monthly Adopt-A-Day on our Website
Thank you on our Facebook page and in our Newsletters

* Knowledge that clients receive a special treat, thanks to you.

To sign up or for information, email Carol Butch at c.butchette@gmail.com

Pam Hill, Coordinator

Board of Directors

James Burke - President Denise Sawatzky - Vice President Rick Henderson, Secretary Curt Gaume, Treasurer

Board Members

Karl Bauer, Eileen Britton, Carol Butch, John Grobe, Robert Pecoraro, Rae Proefrock, Gary Rockenbrock, Joyce Santiago, Barbara Tucker Phone: 716-693-1663 Fax: 716-693-1663 Email: info@tcmow.com Website: www.tcmow.com



- **Sept. 3:** Classics on the Niagara Car Show, 9 a.m. to 3 p.m., Niawanda Park. Sponsored by American Legion Post 264 and Vietnam Veterans Chapter 77.
- **Sept. 7:** Live on the Lawn at the Carnegie Art Center will showcase Elliot Scozzaro Quartet with jazz/instrumental music. Tickets: \$10 Carnegie Art Center members, \$15 non members.
- **Sept. 14**: Food trucks, balloon artist, live music. 5-8 p.m. at Tonawanda's Gateway Harbor.
- Sept. 16: Meat raffle at Gratwick Hose Fire Co. Doors open a 6, first draw, 7 p.m. \$10 per person, includes beer, wine & pop. Bring your own snacks. Big prize raffle: meat freezer, basket of booze, money cake. Sponsored by Erie Niagara Exchange Club. For more information contact Angie email at angieb239@aol.
- **Sept. 20:** Free yoga on the lawn at the Carnegie Art Center with instructor Erin Robinson. 6:30-7:30 p.m. Event will be moved indoors in the case of inclement weather. Pre-registration is appreciated but not required.
- Sept. 22: Free community Health & Resource Fair. 9 a.m. to noon at Bishop Gibbons Senior Apartments, 1110 Payne Ave., North Tonawanda. Health information & free screenings, designed for the aging adult, caregiver and those planning for the future. Call Heather to reserve your FREE table at 716-285-8224 Ext. 215.
- **Sept. 23:** Meat Raffle at North Tonawanda Senior Center, includes basket raffle and 50/50. Doors open at 2, first draw at 3 p.m. \$10/\$12. Bring your own drinks and snacks.
- **Sept. 27:** American Red Cross Blood Drive at Gratwick Fire Hose Co., 110 Ward Rd North Tonawanda, noon to 5 p.m. For an appointment call 1-800-RED-CROSS.
- **Sept. 30:** Annual Veterans Park Fall Festival, 10 a.m. to 4 p.m. at Tonawanda Veterans Park. Food, chowder, basket raffle, pumpkin patch, games, arts & craft show.



| Ginny Brown | 44 |
|------------------|----|
| Linda Wingrove | 29 |
| Anita Zebulske | 29 |
| Bobbe Seekins | 21 |
| Joan Diermyer | 15 |
| Dan Muldoon | 12 |
| Kathy DesRosiers | 9 |
| Gayle Reischel | 7 |
| Tracy Selbert | 7 |
| | |

These years of service show a commitment to Twin Cities Meals on Wheels by our wonderful and faithful volunteers.

Congratulations for your continuing and amazing energy as well as your devotion to helping others!

Sept. 10 Kathy DesRosiers Marilyn O'Rourke Sept. 10 Rick Henderson Sept. 17 Carol North Sept. 17 Barbara Brenchley Sept. 18 Linda Gielow Sept. 24

Each month the names and birthday date are listed for volunteers and staff who are celebrating their birthdays during the month.

(716) 200-85

Wish them a Happy Birthday (or sing a little song!)

Sept 28

Twin Cities Meals on Wheels Needs Volunteers!



Help Us Out — Call Pam at 716-693-1663

Do you have 2 or 3 hours to spare mornings each week and would you like a chance to meet new friends? Volunteering is a great way to make a huge impact in a short amount of time. Whether in the kitchen or delivering meals, you help bring nutritious food and a friendly visit to 8 to 10 seniors and people with disabilities in the Twin Cities.

If you know a friend, relative or neighbor, perhaps someone recently retired and looking for something to do, encourage them to call Pam Hill at 716-693-1663 and become a volunteer.

For information, click on the link: http://www.tcmow.com

You can join TCMOW's remarkable number of super involved volunteers whose lives are full of fun and activities.

Do you have any news tips that you'd like to share?

If so, email your story to Barbara Tucker, wgtbt@aol.com or drop off the news to Pam at the TCMOW office.

We'd love to hear from you!

Sad News

Jeffery Robert Jarvis Sr., the husband of our former cook Jo Jarvis, passed away recently after a short illness. Many of you probably remember Jo with her long hair and her willingness to do just about anything around here — floats, cleaning, trying new foods, and going on road trips.

Jeff was Jo's mirror in spirit, he spent his career working with the disabled and was an all around good guy. He was Jo's soul mate and will be sorely missed by friends and family

RAFFLE from Pg. 1

Esther Newman

A colorful brochure shows off the Bacon Board Company and its products.

The company has more than handcrafted Custom Charcuterie Boards, Cutting Boards, Trivets and Coasters at reasonable prices.

In addition, Bill offers smaller cutting boards, a 5 by 8 inches and an 8 x12 inch size.

Bill also makes Board Butter, a mixture of mineral oil and

beeswax, to help care for the wood. Bill finishes his products and includes a jar of Board Butter and care instructions.

The company's motto is:

Planting seeds of joy one board at a time!



Sept. 16: Chiavetta's Chicken Bar-B-Q hosted by Vietnam Veterans Chapter 77, Tonawanda, noon to 4 p.m. or until sold out. Event is at 200 Niagara St., Tonawanda, between TOPS and the Tonawanda Police Station. Drive through

Tickets are \$13 presale, \$15 day of BBQ. Presale tickets available at VVA Chapter 77, 47 Main St., Tonawanda from 9 a.m. to noon Wednesdays and Saturdays.

Share a Laugh

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SCARY RIDE

A taxi passenger tapped the driver on the shoulder to ask him a question.

The driver screamed, lost control of the car, nearly hit a bus, went up on the footpath, and stopped inches from a shop window.

For a second, everything was quiet in the cab. Then the driver said, "Look, mate, don't ever do that again. You scared the living daylights out of me!"

The passenger apologized and said, "I didn't realize that a little tap would scare you so much."

The driver replied, "Sorry, it's not really your fault. Today is my first day as a cab driver — I've been driving a funeral van for the last 25 years."

BIBLE STORY

A little boy opened the big family Bible. He was fascinated as he fingered through the old pages.

Suddenly, something fell out of the Bible. He picked up the object and looked at it. What he saw was an old leaf that had been pressed in between the pages.

"Mama, look what I found," the boy called out. "What have you got there, dear?"

With astonishment in the young boy's voice, he answered, "I think it's Adam's underwear!"

WANT ADS

- Long term commitment: Recent widow who has just buried fourth husband looking for someone to round out a six-unit plot. Dizziness, fainting, shortness of breath, not a problem.
- Seeking serenity: I am into solitude, long walks, sunrises, the ocean, yoga, and meditation. If you are the silent type let's get together, take our hearing aids out and enjoy quiet times.
- Winning smile: Active grandmother with original teeth seeking a dedicated flosser to share rare steaks, corn on the cob and caramel candy.
- Memory Keeper: I can usually remember Monday through Thursday. If you can remember Friday, Saturday and Sunday, let's put our two heads together.

Lexophile

Lexophile" describes those that have a love for words, such as "you can tune a piano, but you can't tuna fish" and "To write with a broken pencil is pointless."

An annual competition is held by the New York Times to see who can create the best original lexophile. This year's submissions:

- * I changed my iPod's name to Titanic. It's syncing now.
- * England has no kidney bank, but it does have a Liverpool.
- * Haunted French pancakes give me the crepes.
- * I got some batteries that were given out free of charge.
- * A dentist and a manicurist married. They fought tooth and nail.
- * Police were summoned to a day care center where a three-year-old was resisting a rest.

GRAVE HUMOR

A man placed some flowers on the grave of his dearly departed mother and started back toward his car when his attention was diverted to another man kneeling at a grave.

The man seemed to be praying with profound intensity and kept repeating, "Why did you have to die? Why did you have to die?"

The first man approached him and said, "Sir, I don't wish to interfere with your private grief, but this demonstration of pain is more than I've ever seen before. For whom do you mourn so deeply? A child? A parent?"

The mourner took a moment to collect himself and replied, "My wife's first husband."

HELP MY DOG

A man takes his sick Chihuahua to the veterinarian. They're immediately taken back to a room.

Soon, a Labrador walks in, sniffs the Chihuahua for 10 minutes and leaves. Then a cat comes in, stares at the Chihuahua for 10 minutes and leaves. Finally, the doctor comes in, prescribes some medicine and hands the man a \$250 bill.

"This must be a mistake," the man says. "I've been here only 20 minutes!"

"No mistake," the doctor says. "It's \$100 for the lab test, \$100 for the cat scan and \$50 for the medicine."

| YES! I want to do my part to continue the work of Twin Cities Meals on Wheels. Enclosed is my tax-deductible gift | | |
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| Name | | |
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| City, State, Zip | | |
| Phone () | | |
| E-mail | | |
| Amount enclosed | | |